# The Bridge

A Monthly Journal devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

VOL. I

MARCH 15, 1953

No. 11

## THE HOMES AND RETREATS OF THE MASTERS OF WISDOM

## THE NEAR EASTERN RETREAT

From March 15th to April 15th, 1953

This Treatise on Love by the Maha Chohan deals with the following subjects, among other, 1 Real Feeling and Hypnosis; 2 How to recenergize the Spiritual Feeling; 3 The Mastery of Love is the basis of stillness; 4 You are the Custodian of the Feeling of Love and Peace; 5 You have the Power to expand the Flame of Love; 6 You can invoke the Power of your Christ Self; 7 The Living Power of Love, which has been conferred on you, is only as valuable as you use it.

From March 15th to April 14th, the Great Lord Maitreya will be Host to the White Brotherhood and the peoples of the earth and through His Pupil, The Master Jesus, intensify the natural spiritual outpouring of the Easter Season.

In order to perpetuate the memory of that very beautiful experience in which you, together with the other members of the human race participated at inner levels, when you were bathed in the substance of the Love which flowed through the exquisite Presence of Lord Maitreya, I shall, with His permission, endeavor to describe the outpouring which took place in the Kashmir Hills recently.

The light from the moon flooded the hillside with a silvery radiance which made the entire proceedings easily discernible to even



JESUS

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the physical sight of those privileged and blessed enough to be present within the garments of the flesh.

The valley was filled with the members of the human race who, in their finer bodies, responded to the magnetic power of Lord Maitreva's Love that was drawn and focused within and through this whole activity. Shortly after the midnight hour, the Divine Presence of Lord Maitreya ascended a small, grassy elevation and He began an address on Love, with an accompanying demonstration of His feeling of Love, which varied according to the different activities of Love included in His discourse and which became the very substance of the listenershuman and divine.

Ι

This is a Gift of the Holy Spirit which imbues the Master and the Master's Elected Representative, wherein the word picture is accompanied by the actual feeling of the activity described, and which does more to illumine the consciousness than is possible when thoughts alone are transmitted and the intellect is fed through the medium of worded expression.

The gift of the genius through the spoken word,, in song, in prose or on canvas is measured by the depth of feeling which he can convey to his audience. The feelings which are stirred by the agitator or the emotional zealot or the over-aggressive salesman are momentary and represent to a great extent a hypnosis or a transfer of the vibrations of the sender, with the effect that when that pressure is removed there is a "let down" or a coldness in those who have, for one reason or another, permitted themselves to be temporarily stirred.

But the sustained feeling of spiritual satisfaction which follows a spiritual experience means that the Master Flame of the Holy Spirit, through whotever instrument It functions, has conneted with the vibrations of the audience and set into motion a pulsation within the feeling world of the receivers of a permanent vibration of a Superior Nature to that ordinarily experienced and which can be resulted at will

One of the unfortunate characteristics of the spiritual student is that he does not know that the power lies within himself to reenergize that Spiritual Feeling at will and he is inclined to believe that he has lost its ecstasy once its first warmth and delight have passed.

The wise individual, in the active enjoyment of a spiritual benediction, seizes it, and, through a conscious call to his Christ Self which may be as follows-"Beloved Christ Self of me, Accept this, the Feeling of Lord Maitreya's Love (or whoever the Officiating Master might be), sustain It for me and allow me to feel It again at will".

Then, when a crisis or an experience of life requires the presence of a Love beyond human capacity, such an individual may call again for that Feeling which has been held in store for him by his Presence and he can experience again that same spiritual communion and exaltation

So I say to you who stood within the radiation of Lord Maitreya's outpouring and who felt for a moment the Potential Powers of Love Divine, demand by the Power of your own Presence at that Meeting that you feel again the Love of the Cosmic Christ, and then embody within that feeling the conviction of Its Mastery in every sphere and through every form.

#### III

As the great Master of Love stood against a background of gently sloping hills with the silvery moon shining upon His Luminous Body, there flowed from His Presence a feeling of the most Glorious Peace—a stillness that was even reflected in nature, so that the very bodies of the assembled guests did not choose to move Peace was more precious than the within Our Own will of any part ...

Into That Stillness we entered, deeper, deeper and deeper... Not a blade of grass moved-nor a leaf of a tree-nor a bird on a branch, nor the surface of the lake, and even the breeze that is ever present within the natural channels of the hills and valleys -was still, reminding Me of the Coming of the Great Kumaras. The enjoyment of that Stillness was an active, individual experience, each one with his being pressed against the Body of the Silence, until all the quivering nerves and vibrating minds were stilled.

This is the feeling that the Masters experience when They enter the Great Silence between Their Activities, but for Lord Maitrya to have brought that feeling of Stillness into the lower atmosphere of earth and to have consciously conveyed it to the bodies of unascended beings was, again, the manifestation of the complete Masterv of Love over every vibration which is less than Itself... because every individual that was present brought a vibration representative of some different aspect of limiting experience, and yet that Master Presence of Love (without a word being spoken) gave to every man the promise of what a planet and a people will one day be when the capacity to create discord is no longer counted among the powers of the evolving ego.

#### IV

We, who were among the Ascended Host present, joyously opened Our Feelings to the inflow of that

because the Comfort of that Cosmic Christ Gift, claiming Permanen. Record that we might reanimate That aura at will, so that it become for Us, each One, not only a Gift received, but a Gift to be given-and I now revify it for you... You are now the custodians of that Feeling of Love and Peace Divine—and we shall see how often you will revify it at will for yourself and others!

> Oh! in the coming days and years how many circumstances will you find yourself in where the positive radiation of Lord Maitreva's Love can be, on the instant, expanded from the center of vour being to blanket a condition, a lifestream or an environment and you will find yourself not being unduly concerned with the generation of a Cosmic Power beyond the capacity of your selfhood because this is a gift endowed upon you by the Master.

> You, who find it so difficult to generate a feeling of love in the midst of a circumstance in which perhaps your own human nature may be involved will find that there is within vourself The Power to invoke the revivication of that feeling of the Love of the Cosmic Christ which you personally experienced in the great Outpouring by Lord Maitreya in the Kashmir Hills and which I have doubled in Its Activity by invoking it through the substance of your physical bodies as you read this and let your thoughts dwell on Me.

In the blue waters of the Kashmir Lake the silvery light of the moon was reflected and even those lilies that only open their petalin the morning were in full bloom

Upon the small elevation Lord Maitreva stood alone in perfect repose, His Head inclined a little, in order to focus the radiation of His Love upon the assembled throng. Above Him in the Inner Atmosphere was the Presence of Lord Buddha and the Twin Flames from the Heart of the Sun Itself, so Lord Maitreya became the Conductor of not only His own Love, but the most concentrated Directive Outpouring of the Cosmic Christ (supplemented by That of those other Mighty Beings) that the earth has unto this day received.

To create an aura so comfortable that mankind does not need to be entertained through any avenue of the senses and to hold that for over an hour is a major achievement when you are dealing with hundreds of thousands of differently constituted and evolved beings.

It is a different matter entirely for a Master and a group of selective and trained lifestreams to enter the Heart of their own Solitude—but, to become the Master Presence of the energy of the masses without phenomena or word pictures or action of any kind is a forerunner of the powers of the Cosmic Christ, which must be embodied in the life streams of those who are to be the leaders of the people as well as their guardians in the planetary changes ahead.

The reason why individuals who are going to serve life in a cosmic capacity have always been required to enter the Presence of the Lord Maitreya is that they might experience in full the Nature of the Cosmic Christ Love themselves and receive that seed in the feeling world which could be fanned into a Flame when circumstances present themselves for Its use, such as quieting an audience in time of panic or inspiring them in times of peace.

It was for this specific reason that Lord Maitreya performed this service for mankind en masse at this spiritual initiation. Up to this time the service was only performed for one initiate at a time, but this time He rendered the same services for every person present and every one in that vast assembly who experienced the feeling of the Love of the Cosmic Christ is a potential focus for the expansion of that Flame when it is required in any crisis, individual or collective.

#### 1.1

All of the initiations and great experiences through which the lifestream passes on the earth are



MAHA CHOHAN

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permanently recorded in the etheric body Any height of Spiritual Exaltation, any Joyous Association with Divinity, is permanently stored within the Akashic Memory in the Feeling World and endures from embodiment to embodiment as a heritage of the lifestream. Today, of course, the unpleasant experiences are, thank God, not of a permanent nature owing to the knowledge and use of the Sacred Fire.

The soul, therefore, on entering into the Feeling Body at the time of birth is heir to every Spiritual Benediction which it has been privileged through the use of Free-Will to draw into being in all past lives, but it is the unfortunate experience of the human race that these Divine Feelings are not revitalized consciously and

utilized in the present day living of the ego-self. It is something to be deplored that they just lie dormant until the lifestream comes into the conscious use of its Divine Memory and begins to use that heritage, but this latter achievement is quite an advanced development of the ego.

Many of you have witnessed the miracles of the Master Jesus and felt, through the sweet privilege of Divine Friendship, the love of the Cosmic Christ embodied in His Selfhood. This is a living and permanent part of your own emotional world which can be drawn forth by your invocation and revitalized as a treatment for yourself and others, and, to go back to the very beginning of the beginning, you can invoke the power of your own Christ Self to let you feel the Glory that you had with HIM in the beginning before the World was.

You sat at the feet of the Father and the Mother when the Spirit Sparks were first drawn forth and within your feeling world is the experience of Their feeling of Love for you as one of Their Children, which was (because you witnessed and felt it) to become a living part of you.

You looked objectively upon those experiences then, even as a child today does not recognize the wealth of parental solicitude, but in some far distant time when the experience of daily living becomes more difficult, the memory of that experience is stirred and the mature individual then feels a little of what the parent experienced during those earlier days.

The student body, by reason of the tremendous release through Cosmic Messengers, has been lifted time and again into that height of Cosmic Love and sense of Mastery and Power, but they do not seem to remember that they might have this exaltation revivified through their conscious call.

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#### OUR ADDRESS IN U.S.A.

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EXPLANATORY NOTE — The Gentle Reader is reminded that all religious doctrines and faiths are based on the findings of individuals whose highly developed, purified faculties, exalted vision and uplifted consciousness enabled them to perceive Truth and translate Truth for lesser men.

The articles and features in this Journal are for the purpose of stimulating the development and accuracy of the reader's spiritual faculties and discernment, through encouraging him to travel in consciousness only, and experience the spiritual realities described herein, thus confirming Truth through his own independent, uplifted vision.

## WINGS OF LIGHT

- By V. F. ANGELDAY -

"Without vision, the people perish"! Why? Because Life Itself, in Its essence, is unformed Light substance and since it is constantly flowing-must have a "vision", a though-form, a receptacle or cup, some definite pattern which will receive it and enable it to express the Devine design for which it was created. The "vision"—the mind picture which your intelligence holds before it is the pattern into which that life essence will flow. Without that picture, that pattern, that design, the essence is without direction and wastes away. Therefore, without a definite pattern, without "vision of higher things, of something better than the present manifestation, without the aspiration of the "upward (Life) look", the energy keeps getting denser and denser as its vibration lowers, and eventually disintegrates, or "perishes".

All mankind's difficulties come from looking down. To look down is to see disorder, dirt, human selfishness and general unhappiness. To look up is to see, first of all LIGHT, Divine Order, beauty, perfection, hope and all of There is nothing ever misplaced or disapointing or out of order in the "up look". The Sun and stars are always in their appointed place at all hours of the day and night and never fail to appear. They are as dependable as God Himself and give one a sense of security. "God's in His Heaven, all's well with the world" sang the poet. So, if we would have the same peace as the Heavens, we must look up and pattern our lives and worlds after

Each of the heavenly bodies and all upon them, HAVE NO CON-CERN about each other, or anybody or anything but fulfilling their own Divine Plan of 3xistence. The same thing holds true in Nature-two trees can be growing side by side for instance an oak and a pine-and each one, a few feet apart, living on the same soil and water and sunshine. produce two entirely different forms of life and beauty but they do not interfere in any way with each other Carrots, tomatoes and celery can be growing in the same garden patch and each produceafter its kind, without any interference or discord with each other. Why cannot mankind do the same thing? They can, IF THEY WANT TO.

If each one will get and HOLD the VISION of what he or she really WANTS TO BE and is Divinely designed to be and then bends every effort every day into the producing of that Perfection there would be no wars, chaos or heartbreak in this dear world of ours. It is because mankind have lost the vision and do not lift even the physical sight away from the petty things of this world and our desire to hold and possess them, that we forget there IS a vision to which we should aspire, for which we were created and which, if we do not express it. remains unexpressed until we do. for no one can express the Divine design for another.

Each one individually came forth from the Heart of the Father bearing a certain pattern which he himself created of the perfection he desires to express in this physical world. He was at that moment endowed with all and more than he could possibly use of the substance of the Universe with which to fulfill that Divine Plan. In the forgetfulness of that Divine Plan lies the secret of the confusion and disorder of the outer world today where nearly

everyone is seeking the possession and holding of "things" In themselves, "things" can never bring happiness—they are only a means to an end, to bring case and comfort and joy to us along the pathway of Life. This is proven by the fact that you cannot take them with you—the things of this world STAY in this world. What begings here ends here for, at best, this planet is but a temporary abode for us all. It is the schoolroom of the Universe to which we come periodically to learn how to use Divine Love to create and expand Perfection. In quoting the Law to His disciples, Beloved Jesus once said "Be ye therefore PERFECT, even as your Father in Heaven is PER-FECT!"

People often say "Well, there's nothing perfect in this world". O! yes there is! The Flame of Life within your physical heart, without which you cannot exist here, which keeps the body warm and moving, IS THE PERFEC-TION OF GOD—His Reality within each outer form and so PERFECTION IS WITHIN EACH BEATING HEART. Since most of mankind are constantly saying 'What is it all about? Why am I here?", would it not be rather sensible for us. every so often, perhaps just before entering sleep at night, for just a moment to ask of the Flame within yourself (it must be intelligent, since it does for you what you cannot do for yourself, sustains your heartbeat which makes life in your body possible). "What am I here for, Tell me what YOU WANT ME TO DO WITH MY LIFE". Then go off to sleep and forget it and just gently, but surely as you make the call, there will come softly into your consciousness-NEW IDEAS—happy ideas, ideas that will give you the joy of living and the hope, and later absolute assur-

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THE NEAR EASTERN RETREAT

#### VII

I bring you Lord Maineya I ove. I want it to be more than just a memory' stored away within your respective consciousnesse. I want it to be a Living Power that you can and will reanmate and pour forth freely to others.

A Gift, spiritually conferred, and a Power vested in your life-tream, is only as valuable as the use to which it is put.

You have felt for a moment the Master Power of Love. I have purposely conveyed it to you through radiation, showing that the transmittal of a feeling is possible and is more lasting than the transmittal of a thought.

I have conveyed to you the Power of revivifying feeling and a conscious knowledge that the Master's Feeling can be for you an Authority and Master Presence until you are fully developed enough to create and sustain your own. If you will accept this assistance and act accordingly I feel that I will have done much for My Children.

MAHA CHOHAN.



LORD MAITREYA'S ADDRESS TO THE MULTITUDE

You are here to become Masters of Love.

There is no life-tream in all the Great Universe of God who is not in some manner a Dispenser of the Love Element.

Love is the dual force of expansion and contraction—cohesion and radiation. It is a centripetal and Centrifugal force.

The lifestream must be anchored in the exact centre of his world and the two forces equally controlled according to the requirement of the moment. This is Mastery.

Love must be able to give of itself in the release of radiation and hold an object in its own or of so that it neither comes too closuror goes too far from the governing central intelligence, according to the God Design.



LORD MAITREYA



This is the most difficult in the achievement of Meta-order control the in-drawing of the Love Force and balance between B. Absorption.

Witness: If the attraction of the Sun draws a planet an infinitesimal proportion to the conter—it cases to be

If a planet is lriven used too far out of its orbit to the Sun— it ceases to be

So it is with man in the case of the every living and breathing and every inanimate and every force and power which he is endowed.

Time will not allow me into the ramifications of this pect, but, even Spiritually man who draws knowledge and power from life and does not great a balance in service—is off the center.

We have in My Retreat a Golden Bar about eighteen inches long which stands on a pyramid whose apex is a hairs

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## THE DEGREE OF VISION ATTAINED BY DIFFERENT MESSENGERS

#### MAHA CHOHAN

"Without vision the people perish". This is a strong statement which embodies a Cosmic Truth. The vision always precedes the accomplishment, and it is to the men and women of vision that the race owes the impetus for its every forward step on the evolutionary ladder. The power of vision is a God-developed faculty, which is not synonymous with sight. Even the animal shares the capacity to see with mankind, but only the consciousness destined for immortality in a God Estate may develop and utilize the mystic power of vision.

For the few that have the vision of God's design, there are the many who are dependent on their report, fashioning their lives, their religions, their politics, on the inspiration of the visionaries of the Age.

#### MORYA EL

As man purifies the energies of his individual consciousness, he is enabled to perceive the design of the Universe more elearly. He is privileged to gaze upon The Pattern and Form of "things to come". He is invited to see the workings of the Universal Mind of God. In such a man the spiritual faculty of vision is awakened.

Once he has been raised in consciousness into the Realms of Creative Cause, he his imbued with enthusiasm and the positive, joyous delight in "the glories that the Father hath prepared for those that love Him".

Such individuals bring the report of these visions to the consciousness of their lesser developed brothers and sisters and are the 'Way Showers' of the masses, inspiring them by their confidence; instructing them by their knowledge of what is 'to be', and protecting them from blunders by the constant upward-looking at the Pattern, which only their unscaled eyes can see shining in the Celestial Mind of God.

#### KUTHUMI

The development of any faculty is relative. The report of any one of the senses is only as accurate as the sensitivity of the instrument. A master musician is able to detect tones and shadings of which the average man would be blissfuly unaware. So, also, when the mystical power of vision exalts the consciousness of the ncophite his description of the celestial sights he has witnessed is a partial truth. The reports of the visionaries of the centuries vary according to the development of the consciousness utilizing the

The wailing of the prophets; the soothing vibrations of the psalms; the wrath of Jehovah: the love of the Father-all result from the reports of the 'uplifted vision' of individuals whose varying degrees of awareness have resulted in the confusion of the masses and the constant cry of "Lo here! and Lo there!" Man must not be discouraged from exercising his power of vision- No, nor from enjoying and respecting the reports of the Visionary! However, he must be warned that, like the guide on the Mount of Attainment, each new vantage point will yield a new panorama and all the guides are not at one point at one

The particular guide whom a number of lifestreams are following in consciousness, will perceive that portion of the Path directly concerned with the progress and safety of his charges and his vision will be sufficient for that group, but there are other groups and other guides so far above them that they look like little specks on the shining apex of the mountain.

#### THE VENETIAN

"Order is Heaven's First Law". In the Realm of Divine Mind everything is perfectly designed, planned and executed. Truth is! The lifestreams chosen for their developed spiritual vision, to transmit to the people a portion of things as they are in Divine Mind, are destinated to be the guides of certain members of the human race.

Under the direction of members of The Great White Brotehr hood they develop the faculty of Spiritual Vision to a point where they are able to pierce through the blinding light of God's Realm and see, though perhaps dimly, a fragment of The Plan which can be incorporated into fact through the cooperation of those lifestreams which they have been delegated to guide.

Grasping this 'blue print', they interpret it to their fellow travelers and, bound together by the invisible bond of common interest and complementary vibrations, they set forth on the mystical journey toward individual attainment and cooperative service in the same Cause while attaining.

### SERAPIS BEY

"Be ours the fair vision, the fairer fulfillment". When an individual is privileged to utilize the faculty of vision and witness any portion of the God Design by accepting it into his consciousness, he is obligated by Cosmic Law to fulfill or externalize that vision in the sphere in which his awakened consciousness dwells.

His usual method is to convey his mystic experience to sympathetic lifestreams whom he endeavors to interest to the extent of their cooperating with him in the working out of the manifest expression of his vision.

The clarity of this inner picture, his remembrance of its details and the magnetic power of his own lifestream will be the predominant factors in the success of his venture; whether it be the founding of a religion or a government; designing a temple or a city; building a boat or a bicycle. Upon the fulfillment of this vision depends his further opportunity to look upon the Design for The Kingdom.

#### HILARION

When a lifestream achieves the spiritual vision necessary to look upon the very Heart of God, such an one becomes imbued with a cosmic desire to externalize the perfection of the Father's Will, and is dedicated to a Cause which will engage the energies of such an one for, perhaps, centuries.

Thus, when Saint Germain saw the vision of a planet inhabited by God-Free Beings and accepted that vision into His consciousness, He became responsible through all succeeding lives to convey that vision to His fellow-men and imbue them with a like enthusiasm until one day the vision would be fulfilled.

Each incarnation a portion of the 'blue print' was recorded in the minds of mes up until the present day when Spiritual Freedom is an accepted accomplishment in the consciousness of thousands, and it is only unfortunate that the ways and means of achieving it are still blurred by human prejudice.

#### **TESUS**

We who have seen the Glories that are prepared for the unfolding consciousness of mankind, rejoice that the vision we endeavored to convey to our followers of God's Will for each one, will 'ere long reveal the truth that all Guides upon the Mount of Attaintment have reported truly according to their place on The Path

Because some of us had already proceeded to a point where access to the fullness of God was more readily attainable, does not change the comforting truth that all Roads of Aspiration lead to the Heart of the Eternal.

Blessed be every bold and eager Son of Man who has dared to stand on tip-toe and, through the mist of his own envolving consciousness, looks for Truth and-in the looking, perceives it even dimly, then with abiding faith in his vision, imparts it to his fellow-men and have the courage to set out boldly upon The Path, for beginning is the thing.

#### SAINT GERMAIN

Whose is the greater vision? Only He who has passed through the veil of human incarnation can see and know God face to face! Therefore, the Ascended Masters who have climbed the Mount of Attainment and ascended to God's Presence from its blazing crest can best convey the vision of all truth to men. The long and arduous climb from the base of the Mount has been accomplished through the kind and generous assistance of lesser Guides who, themselves, perceived but dimly through the mists of their own consciousness.

What appears as the fullness of the Cosmic Panorama of Truth from the five hundred foot level, is but an infinetesimal portion of the whole as seen from the vantage point of say a thousand feet further up on The Path. However, without the guide in the 'swamps' at the base of the mount, the soul would never stand on the firm ground where the elevation first begins.

Some lifestreams are content through centuries of evolution with the same guide who is envolving just a little ahead of his charges and who, his vision growing clearer, is their Day Star. This is good! Other travelers change guides when their own vision exceeds that of their former preceptor, loving and blessing his Light, but attaching themselves to a guide who can see more clearly the path ahead.

Finally the individuals come to a point where their own vision is developed enough to see through the cyes of the Masters' and such travelers become the 'chelas' of The Liberated Host, sharing Their vision and accepting the responsibility of making that vision fact through the cooperation of their own life essense, coupled with that of whatsoever members of their race they can imbue with their Master's Vision, enthusiasm, Love and Light.

To those who choose to perceive Truth Unveiled, the Masters come, and, through the cosmic lens of their own untrammeled vision, the aspirant may share The Divine Image of God's Plan, stepped down by Their mercy to a point where it may be grasped and incorporated into the finite consciousness of the chela. Thus they have the opportunity of knowing God's Will, of working in cooperation with the Brotherhood and sharing in the vision of The Gods before their own power of vision is sufficienly exalted to render this services for themselves and others.

THE BRIDGE is one way by which We share Our Vision with Our chelas and they share their life energies with Us in cooperative service to the fulfillment of God's Divine Plan.

### TO OUR READERS

The Great White Brotherhood and your Editor wish to publicly express our gratitude to our beloved Manager, Mr. F. C. PITA for his Herculean accomplishments in handling the layouts, proof reading, distribution, general correspondence beokkeeping, and all clerical and stenographic services connected with the publication and distribution of The Bridge since its inception. This entire service was given to The Masters of Wisdom as a gift of love and the time devoted to it taken from those few hours normally devoted to relaxation after the performance of his daily service in the business world.

The rapid growth of The Bridge with its increasing demands for service have been most gratifying to us but they have worked increasing hard-hip on our willing and loval one man staff in Cuba. We have, therefore, accepted Mr. Pita's recommendation that the management, printing and distribution of The Bridge be transferred to the United States. Pita, will, however, continue as General Manager of The Press and has offered his valued services in helping to prepare the great volume of unpublished instruction of The Masters for printing and distribution as quickly as possible.

We are confident that the above changes will facilitate more rapid distribution of *The Bridge*, accommodate our gentle readers and increase the efficacy of the members of Our Staff in their endeavors to serve The Brother-hood and through That Brother-hood—all mankind.

Yours, sincerely

Thomas Printy

(Reprinted by request from our issue of April 1952)

"He leadeth me in the paths of rightcousness for His Name's sake." (Psalm XXIII).

#### VISUALIZATION

Visualize the Heart and Mind of Gol as a Blazing Sun, with a light ray directed out from Its Center into the heart of every member of the human race. Feel that universal light as the life and intelligence of every man. Remain still until that consciousness of Universal Brotherhood permeates your feelings. Then visualize that light rise from the heart into the head, making the entire head area a miniature sun. See every man with an expanding ancole of light around the head area, a rapidly moving succession of electrons counceting the human mind with the Livine. Looking again into the Mind of God see the Directive Impulses arise within That Mind and travel along the rays into the intellectual consciousness of man, each according to his specific requirements.



#### THE DARJEELING RETREAT

The Radiation of the Darjeeling Retreat, directed by our Beloved Master Morya El, will take place between April 15th and May 14th, and will be amplified by The Bridge Transmitting Stations in Asia, Oc ania, America, Europe and Africa. It will help you to tune in to this Radiation if you read the Words of our Beloved Master Morya El, appearing in this issue, and in former issues of The Bridge, in the Section, "The Masters of Wisdom Speak on..." It would help you also if you meditate on them during this thirty day period between April 15th and May 14th. You will thus become a cowoker of The Great White Brother hood.

#### WINGS OF LIGHT

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ance, of accomplishment—THE REASON for your being in this Universe. Every one has a reason for being. Find out what it is—GET YOUR VISION—the picture of what you are supposed to be and to do—your EXCUSE for existence and using the things of this world.

Start today, in every spare moment, enjoying that picture of what you would like to be, what you would love to be doing, and it must come to pass as surely as you do it. I call limitless legions of the Angels of Cosmic Christ Accomplishment to assist you to this end.

### LORD MAITREYA'S ADDRESS

(Continued from page 7°)

breadth in size. This Bar never moves, no matter what the planetary changes or earth upheavels may be. It is the manifestation of Love in perfect balance.

Man in his present day experiments with the Law and Power of Love uses either too much of the out-going force, which repels the presence of people and things, or, through the mis-use of the cohesive power, accumulates more than he can balance in service.

The great lesson the soul must learn is Balanced Activity.

The Activities of Love generated by human beings pass through three stages:

The first is the Parent-Child Association—the adoration and solicitude of the parent for the infant and the child's affection and deification of the parent, whose model and example it chooses to deify.

(The majority of the human race lives within this phase of development).

Second: Friendship, which consists of the interchange of consciousness; the enjoyment of association and the conveyance of more or less loyalty and affection, according to the development of the lifestream; each one pursuing his individual path and allowing the strength of his love to go forth only in time of crisis.

Third: The individual who choose to utilize their love, their association, their talents and their consciousnes in progressive service to the race.

Here you have a very small percentage of the race.