

# Transmission Flame Service

A Bridge to Spiritual Freedom Publication The Bridge to Spiritual Freedom, Inc. P. O. Box 333, Kings Park, NY 11754 Tel. 631-269-9139/fax 631-269-4812 www.shamballa.org

Copyright © 2000 by The Bridge to Spiritual Freedom, Inc. All rights reserved "As you apply to the Universal God for breathyou are given a grant of pure life which enters through your nostrils to be qualified by the consciousness of your bodies. As you hold the breath within your physical body, your inner bodies pour the color of their consciousness into the breath and as you exhale, the qualified breath becomes a bridge of actual energy which connects with the point of consciousness towards which you direct it."

Holy AEolus



#### Introduction

On July 19, 1952 the first Transmission Flame Service was held in Philadelphia, Pennsylvania with eleven chelas (students) in attendance, for the magnification (expansion) of Saint Germain's retreat over Transylvania. On October 18, 1952 the first synchronized worldwide Transmission Flame Service was held with the assistance of 26 Ascended Master retreats and numerous groups of chelas around the globe. This service was begun in answer to a planetary crisis, which was made known to the chelas of The Bridge to Freedom by El Morya, Saint Germain and the Maha Chohan, Holy AEolus.

Initially, its purpose was to expand the sphere of interest for these sacred retreats, which were anchored throughout the Earth by ascended master energy, so unascended beings could start taking responsibility for the amplification and expansion of the God virtues and the blessings that were needed to raise the Earth into a higher vibratory level.

Every thirty days, the Ascended Masters focused their love and attention upon one retreat and through their efforts amplified the quality and power of that retreat for the blessing of the Earth's evolutions of which they were and continue to be the guardians. It was necessary to prepare, individually and collectively, the evolving souls who had voluntarily joined this

particular activity so their forcefields might more quickly transmit the flames of God just as the retreats do. This required the purification, harmonization, and balanced control of the breath through personal daily application. For this reason a specific rhythm was set up and flowed through these unascended beings, who energetically participated in this activity thus magnetizing the flame. This experiment was so successful that within three years, this service allowed the release of beloved Sanat Kumara and he was able to return home to Venus.

The monthly Breathing Statements were used globally by the chelas to synchronize and unite their energies with the retreat and God quality through a specific breathing activity to assist in the transmission of the radiation throughout the planet. With the advent of the Assimilation and Expansion Service the chelas then used the monthly Electronic Pattern or thoughtform, along with the Breathing Statement to become an actual electronic outpost of the flame, within and through their vehicles, expanding this sphere of influence(forcefield) out into the world through this sacred service.

With the arrival of the new millennium, it is once again time to refocus our attention upon the activity of rhythmic breathing. This will allow the immediate transmutation of any misused energy, and prepare us to consciously cooperate with divine beings

and invoke their God given virtues for the expansion and return of all life on planet Earth to perfection. Rhythmic breathing is an essential element and the necessary 'key' when using the Violet Flame of transmutation. Each chela must invoke within themselves the remembrance of the correct use of the rhythmic breath in order to more perfectly use this and other sacred flames.

All ascended and unascended beings are held accountable for their use of energy. Thus as self-conscious free will intelligent individuals, we must establish, sustain and maintain the God virtues and qualities, which form the radiating centers for the spiritual impetus of our planet. God needs a body, through which to express and fulfill perfection in the world of form. Thus humanity is given the opportunity to consciously choose to become part of the spiritual nuclei for the flames that are established within a spiritual foci of light, radiating forth the balance for the constructive forces within the lower atmosphere in which humankind has chosen to function.

As individual beings we can also choose to ensoul one of the active principles of the fire element. Through conscious application, discipline and dedication of our energies we actually become a flaming center of that cosmic quality and anchoring it within our heartflame, it becomes part of our own spiritual identity. Thus with every heartbeat, with every breath

we increase that momentum of power and sphere of influence. However, to offer this service, we must also recognize and accept the need for absolute unity, cooperation, constancy of endeavor and true loving desire to impersonally help all the people of Earth return to our destined God estate.

Ascended Master retreats are spheres of influence or forcefields. These forcefields are magnetic centers which draw concentrated consciously qualified God energy from the octaves of light. This energy forms radiating centers of these God qualities and they must be maintained through a process of rhythmic sustained attention. This Transmission Flame Service will greatly assist in this endeavor by magnetizing the already gathered cosmic momentums of the Ascended Masters' retreats, through the inbreathing of the substance of the flame and its virtues located there. Then, by using the magnetizing centers of our own spheres of influence, through each sacred breath, we will expand and project these divine virtues into the world around us.

NOTE: Material in bold is a shorter version more adaptable for daily use. For the monthly service held on the 2nd Saturday of each month (9:45 a.m. EST) use both bold and regular type.

(Material that is in parentheses and italics is where you insert the current month's information.) (Material underlined and in parentheses are instructions for a group leader directing the service.)

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## Single Candle Lighting Service

All hail to Thee, Thou Mighty All-Pervading Light of the Universe, the Supreme Source of All Life I AM! We kneel within our hearts in recognition of the Light of the Cosmos as we draw forth this flame, representing the Three-fold Flame of God within our hearts!

\*\*

### **INVOCATION**

Great Universal Consciousness, the Omnipresent Giver of all Light, I invite, invoke, focus, concentrate, project, sustain and precipitate with mighty ascended master consciousness - the sacred fire - the Living Body of God!

Within the Immortal Three-fold Flame of Life, I AM - I acknowledge the Light of God within me as the true center of my being. Through it I will create and expand all the divine virtues, activities and radiations beneficial to this Earth at all times.

May all self-conscious intelligence recognize that the power of the sacred fire is the actual Presence of God within our breath and heartbeat. Let all who choose to enter into this Presence expand the virtues accumulated in their causal bodies for the enrichment of this world and the entire Universe!

So Be It, Beloved I AM!

## TRANSMISSION FLAME SERVICE

Every self-conscious intelligent being (incarnate, discarnate or ascended) created by God, through the use of their own thought and feeling centers, actualizes vibrations, and contributes to the motion of the energy of the universe to which they belong.

By consciously choosing to expose yourself to the higher vibration you will be able over time, to emulate this vibration; by absorbing its radiation and becoming a presence of that same peace, purity, comfort, healing or other divine quality.

One way to develop this higher vibration is through active participation in a co-operative, coordinated planetary service, which, seeks to accelerate the incoming new age of universal peace and enlightenment. This can be achieved through synchronized world prayers, affirmations, meditations, breathing activities and visualizations such as this Transmission Flame Service..

Before one can commence with this service, they should invoke God's Gift of Protection. We will begin with a simplified Mantle of Light Decree.

# (Together please...)

Beloved Presence of God I AM in me, I gratefully acknowledge and accept the living reality of your mantle of electronic light substance enfolding me in a blazing aura of ever-expanding protection.

From within thy cosmic heart, I feel the pulsation of the Flame of Divinity, the Divine Presence radiating through my consciousness... through which flows at all times the virtues, qualities and blessings from God to me and through me to all life everywhere.

I do now acknowledge and accept the activity of this Holy Light, sustained around me and my world so that only the Will of God may manifest in all my activities, in all places and at all times... I make this call...

As God's Most Holy Name, I AM!

Of the utmost importance before entering into this, or any other, service is to transmute any misused energy within or around ourselves, through the use of the Violet Fire. We will now do this by calling upon the Sacred Tone of the Seventh Ray.

In the name of the Presence of God, which I AM: through the magnetic power of the Sacred Fire vested in me... I invoke the powers of the Seventh Ray...

(\* repeat after me 3x)
\*Transmute, transmute by Violet Fire
All causes and cores not of God's desire!
I AM a being of cause alone...
That cause is LOVE, the SACRED TONE!

(Breathe in...breathe out...)
We accept it done,
As God's Most Holy Name, I AM!

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As the final step in our preparation we will now transform ourselves by calling for personal purification

Oh, Thou glorious Presence of God I AM, the beloved Ascended Masters, the Angelic Host and other great Beings of Light; flash forth thy mighty light rays now...

(\* repeat after me 3x)

\* Transform this human consciousness
by God's mighty Sacred Fire.

\* Transform this human aura by God's mighty Sacred Fire.

\* Transform this personality by God's mighty Sacred Fire.

\* Transform this human experience by God's mighty Sacred Fire.

(<u>Breathe in... breathe out...</u>) And with this transformation, I quietly affirm within my soul:

(\* repeat after me 3x)

\*I AM in the world but not of it!

\*I AM in the world yet I AM the essence of God reality!

\*I AM an embodied being of light and I AM free!

So be it, beloved I AM!

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Experiencing the enfolding cloak of the Presence of God I AM softly wrapped about you, enter the silence, that special place within your heart where you always experience the harmony of your true being. Within this sacred space, a beautiful vista now opens before you - a lovely meadow filled with a multitude of grasses and a variety of wildflowers stretches out in all directions. Floating on the horizon are snow-covered mountains and the meadow is gently enfolded in a vast expanse of crystal-clear blue sky.

Breathing gently and deeply, a magnificent column of shimmering light, with iridescent colors of blue and violet spiraling softly within, appears and then

descends from the sky above you. As it envelops you completely, you experience the power of God's mighty protection and the pure and perfect energy of this great light. Becoming aware of your personal breathing pattern, with each breath, draw this light into the center of your being. As you do, you are filled with the knowledge of the meaning of the pure and perfect Love of God. All misconceptions within you instantly dissolve and are replaced with the unchanging but ever-expanding eternal truths conceived and brought forth by God from the beginning of time.

Continuing to gently breathe in and out, the column of light, which surrounds you, expands and radiates outward until the entire Earth is covered and filled with its brilliance. All humankind is now able to perceive the light, is purified by this magnificent light, and accepts the Will of God - that all life is unified within the perfect love and divine truth of God. As you witness this expansion of light, experience for yourself the unity of all life. Know yourself as an illuminating center of purity, truth and unity - a powerful physical manifestation of the I AM Presence! You will be the example of God's Will for all time to come, fulfilling your part of the Divine Plan for the redemption of the entire

planet Earth and all life upon it. With this wisdom also comes the realization that what is true for you - is true for all humanity.

Permeated with the Peace of God, gently return your awareness to the physical plane, bringing the gifts of purity, truth and unity with you.

\* \* \*

Life is energy. Every thing that breathes draws this energy into themselves by conscious action. The in-breath is the drawing into one's self from the Source - God - the priceless energy that is life. And every time an individual does this, they become accountable to the whole universe for the use of this energy loaned to them by the Godhead.

The breath in your body is yours, beloved ones, because you desired life and drew it forth from the Heart of God. God, being all Love, granted your request and gave all the love you required. There was and continues to be but one condition, that this life, this energy must go forth from you harmoniously qualified to bless life. Thus, in your inner soul you promised God you would enrich the Universe through the right use of this life energy.

Cosmic law governing the Universe states that you will also draw the life energy you sent out, back into your world after it has accomplished that for which it was sent forth. Without exception, it will come back to you qualified with the same energy with which you sent it forth, amplified by the vibrations of like qualities, which it attracted to itself along its path. Thus, this divine principle constantly enables the evolving soul to learn more of the nature of the energy each has been given and continues to use. And, that the Guiding Intelligence within our own soul is an integral part of God and therefore, love in action. Thus we do our best to abide by the Law of Harmony and enrich the Universe through the use of the Holy Breath of God.

\* \* \*

Beloved ones, let us now consciously work with the sacred holy breath. Begin to consciously breathe in the Breath of God. Feel its fiery tongues of living flame. Absorb the fire-breath of God deep within your being. Now, as you breathe out, expand and project this sacred essence into the world around you.

(pause)

Breathe in again... and breathe out... as we consecrate ourselves as Vehicles for the New Age: We... the chelas of The Bridge to Spiritual Freedom... offer ourselves as a Cup... a Holy Grail... ONE breath... ONE heartbeat... ONE body... ONE energy... and vibration... ONE consciousness of pure thought and feeling... ONE love... and ONE desire . . . through which to pour and anchor the light... illumination... wisdom... truth... virtues and instructions... gifts... and the blessings of the Great White Brotherhood to the children of Earth..

(\* repeat after me 3x)

\* I AM the RESURRECTION and the LIFE of the One Cup, the Holy Grail of the New Age!

\* I AM the RESURRECTION and the LIFE of the One Breath, the Holy Spirit of the

New Age!

\* I AM the RESURRECTION and the LIFE of the One Body, One Energy and Vibration of the New Age!

\* I AM the RESURRECTION and the LIFE of the One Consciousness of Spiritual Freedom for the New Age!

So Be It! Beloved I AM!

\* \* \*

The moment the invocation is spoken, the atmosphere around us is charged with a mighty flash of flame from the heart, head and hand of beloved (insert current hierarch). From this flame - petals now take shape and unfold, until a luminous lotus flame flower forms, its magnificent petals extending the full width and breadth of this sanctuary. This beautiful thoughtform is at first, transparent and shimmering, the perfect example of a gossamer substance. As you now step into the very heart of the lotus flame and pause for a moment, it intensifies and expands until the petals form enormous pathways, which are suspended in the atmosphere by gently curving bands of light that stretch forth but are anchored at each end by the many spiritual retreats throughout the Earth. By the close of this exquisite ceremony the lotus flame flowers will have been projected out over the entire planet, until the Earth is gently enfolded within an immense lotus flame blossom. Through our cooperative endeavors, the divine essence of (current hierarch) will cover the earth with a brilliant radiance of opalescent light.

\* \* \*

If you have not already done so, find a comfortable position, with your spine

straight and your feet flat on the floor. Now, once again, center yourself and become conscious of your sacred breath.

Breathe in deeply... and slowly breathe out. Gently inhale and... slowly exhale, as we prepare to expand the fiery-breath of God by visualizing and working with the Electronic Pattern for this month.

Each month, as we work with the many sacred temples that surround this earth, we focus and direct our energies through one specific spiritual retreat while it floods our world with the gifts and blessings from God located there. Let us now place our attention upon the assimilation and expansion of this retreat's electronic pattern or thoughtform to intensify, magnetize and release its offerings to our dear planet Earth.

Begin to visualize...

(insert Electronic Pattern for current month)

Gently breathe in and slowly breathe out as we now prepare to use the monthly Breathing Statement to enhance and fully precipitate the Assimilation and Expansion of the Electronic Pattern we have just visualized.

Each full breath we take is divided into four parts: the inbreath, the absorption, the expansion and the projection. On the inbreath, breathe in the qualities contained within the breathing statement. As you hold your breath in, absorb, these qualities deep within every part of your being. As you breath out, expand and increase the power and momentum of the divine qualities you are calling forth through the power of the Holy Breath. Holding your breath out of your body, project these magnificent God Virtues and Qualities forth to all life.

As you project these qualities forth, see the dazzling pathways of lotus flame petals expanding outward, carrying these qualities throughout the world with each breath.

Ready to begin...

\* I AM inbreathing ...

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

(use monthly breathing statement and above statement before mentioning each temple)

♦ Temple of the Cosmic Holy Spirit and the Temple of the Ascension Flame, in the etheric realm over Long Island, NY, USA;

Focusing your attention upon the Threefold Flame within your heart, you feel yourself traveling in consciousness high into the atmosphere to the etheric realm over Long Island, New York, in the Atlantic Ocean off the northeast coast of the United States. As you adjust to the higher vibrations, you begin to see two temples, which are a part of the Cities

of Shamballa, that appears as a glorious Metropolis of Living Light. In the center stands the beautiful Temple of the Cosmic Holy Spirit. From the outer courtyards of the Temple, countless Doves of Peace stream forth to cover the Earth, enfolding it in the great loving embrace of Beloved AEolus. As you stand there, Doves of Peace are drawn into your aura through your crown chakra and you begin to radiate the love and peace of the Holy Spirit into all life in your sphere of influence. Accepting that you are a shining example of God's Peace and Comfort to all life, you are filled with gratitude for Beloved AEolus and the other Cosmic Beings for this privilege.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

◊ Temple of the Holy Grail, over Glastonbury, England;

Enfolded in your mantle of light you travel through the atmosphere until you reach El Morya's Temple of the Holy Grail, over Glastonbury, England off the northwest coast of Europe. As you pass through the Chalice Well Gardens the gentle sweet fragrance of wild flowers embraces you and caresses your face and hair. The temple appears out of the mist and within the center of this enormous temple is an altar of the most brilliant crystalline diamond heart of light with a royal blue radiance. This magnificent blue flame aura embraces the chalice of the Holy Grail of I AM Consciousness, which floats above this altar of light. You unite in consciousness with this light, as everything less than perfection falls away. From this consciousness you can direct the mighty forces of light and sacred fire that establishes God's Will within the minds of every man, woman and child upon the Earth. As you sit in deep meditation, El Morya approaches you and places a diamond heart upon your third eye, and as this touches you, tears of joy flood your being, for you now know what you are to do and you know the means of accomplishing this divine plan.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

◊ Temple of the Sacred Heart, over Innsbruck, Austria & Lourdes, France;

In your minds eye you allow your consciousness to travel into the etheric realm, over Innsbruck, Austria and Lourdes, France. You find yourself in a garden, high in the mountains, filled with exquisite pink flowers with a crystalline white radiance. Their peaceful fragrance fills the air and floats upon the gentle breezes. Entering the temple you find you are in a cool, serene chamber with a dazzling Mother of Pearl radiance. Here the Sacred Flame, the Immortal Three-fold Flame is blazing upon the altar. As you become one with this flame, it spirals from beneath your feet to above your head. You breathe in and absorb the very essence of the Immaculate Concept held for you and the entire human family by beloved Mother Mary. Filled with this essence you now expand and project the Immaculate Concept of God's Perfection for the planet to be embraced by all life.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

♦ Hilarion's Halls of Science, Healing and Truth, over Crete, Greece

As you swiftly pass over the clear bluegreen waters of the Mediterranean Sea you come upon the rocky coast of Crete, which stretches off southeasterly, towards Egypt and the middle east. In the etheric realm over this Greek Isle is the focus of Hilarion's Halls of Science, Healing and Truth. High above the steep cliffs and gnarled olive trees with silvery leaves, an impressive temple of elaborately carved stone reaches up towards the sky. As the golden sunlight pierces through the huge columns and portals you glimpse an altar of vibrant emerald green. Around this central focus is an aura of soft pink radiance and cool white marble. The brilliant rays that emanate from this emerald green alfar are universal healing through the understanding of divine truth. As this divine truth enters your consciousness you feel your four lower bodies completely healed and you become at-one with the Universe I AM Présence.

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(insert current monthly Electronic Pattern)

Breathe in... and breathe out...

\* I AM inbreathing ...

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

♦ Temple of Transfiguration, over Mount Meru, Tanzania, East Africa;

As you travel along the eastern coast of central Africa, you arrive at Mount Meru in Tanzania. It is sunset and you gaze in awe at the horizon which is gently embraced within a lush green setting. The sky hovering above and around beloved Nada's Temple of Transfiguration is deep ruby with a luminous violet radiance. You silently listen to the calls and movements of the animals and birds as they too acknowledge and greet this magnificent phenomenon. Your being is filled with the incredible sense of divine love and you now truly understand and experience the transfiguration of all conditions of imperfection through the power of divine love.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

♦ Flame of Peace in the Blue Lotus Retreat, in the Himalayan Mountains;

High in the Himalayan Mountains of Tibet, in central Asia are great bare rocky mountain crests, which cradle the Blue Lotus Retreat. The face of the rock suddenly glows with celestial golden radiance and takes on the form of an open ended cross of white fire. As you become accustom to the blazing light, an opening in the rock becomes apparent. A gracious presence of the retreat's aura unfolds into a mystic garden of peace, wisdom, balance and love and becomes swiftly flowing sparkling rivulets. The heart of the retreat remains deep within the center of the mountain, in the very center of the earth. There you find a beautiful golden lily pond upon whose tranquil bosom floats the sacred Blue Lotus Flame. You are allowed one pure divine request. As one contemplates the flame the magnetic power of pure divine love will activate and bring to embodiment that which is needed and desired.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

♦ Temple of Mercy and Compassion, over Beijing, China;

Invoking the Violet Fire of transmutation and freedom to enfold you, you are lifted up in consciousness high into the atmosphere, arriving at the temple over Beijing, in mainland China, on the continent of Asia. Here. centuries ago, beloved Kwan Yin magnetized a concentrated Flame of Mercy and Forgiveness. Your eyes behold a magnificent far eastern Chinese Temple, the focus of the Mercy Flame. Surrounding the central temple are several smaller beautiful Temples of Light whose domes are all inclined slightly, in reverence toward the central temple. You bask in the deep violet with crystalline aquamarine radiance of Kwan Yin's qualities of mercy and forgiveness as they permeate ever fiber of the temples and your being. Compassion for yourself and all life fills you. Gently you let your consciousness return to your present location and you send your deepest love and gratitude to Beloved Kwan Yin.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (current hierarchs) gift of (hierarch's quality) anchoring, illuminating and expanding within:

♦ Hall of Serenity & Quietude, anchored on Earth in the South Pacific Ocean.

The Hall of Serenity and Quietude is located in the Great Central Sun, but has been anchored on Earth in the warm, peaceful waters of the South Pacific Ocean, east of Australia and north of New Zealand. You arrive here at daybreak, just as the sun is becoming a brilliant lucent ruby sphere of fire. A dazzling gold radiance streams forth from this flaming orb, piercing through the atmosphere and illuminating and revealing the very essence and spirit of Tranquillity's temple. As the sparkling crystalline blue ocean reaches up to touch the descending light rays the air is filled with the most profound sense of harmony and the overwhelming positive power of sustained peace.

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(use current monthly Electronic Pattern)

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Breathe in... and breathe out..

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarchs) gift of (hierarch's quality) anchoring, illuminating and expanding within:

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◊ Temple of the Great White Brotherhood in the Teton Mountains, Wyoming, USA;

Centered within your three-fold flame allow your thoughts to become focused upon your I AM presence. As you enter the

silence, your consciousness is elevated high into the etheric realm over the Royal Tetons, in the Rocky Mountains of Wyoming, in the north central part of the United States. As you approach you see the home of the Great White Brotherhood, these majestic mountains, as they meet the feathery clouds of the deep blue sky. The tops of the mountains are covered with glistening snow and to your mind's eye they appear as natural crystal cathedrals. Looking further, you see a gold and crystalline portal opening before you. Great beings of light embrace you and enfold you within the temple. Permeating the atmosphere is the quality of reverence for all life, which is the very essence, and foundation of this retreat and Lord Lanto. Silently you send a message of deep respect to Dwjal Khul, who proceeds to anchor a strong pulsation of the Precipitation Flame within your heart. In deep humility you bow your head and are filled with the flame and experience illumination through transformation and purification - becoming one with it. You now experience the entire human family living in complete harmony and peace and solemnly vow to precipitate only perfection, the true nature of God.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (insert current hierarch's) gift of (hierarch's quality) anchoring, illuminating and expanding within:

◊ Temple of Illumined Faith & Protection, over Lake Louise, near Banff, in western Canada:

All awareness of your outer surroundings fades as you focus your attention upon your heart. Visualize béfore you a beautiful mountain, its top covered in snow. The blue sky is filled with white clouds that appear to dance across the peaks. As you approach you are struck by the stillness in the air and the clear sapphire blue waters of Lake Louise, in this rugged, pristine area of western Canada. You behold a Bridge of Blue Flame from the Great Central Sun streaming down into the temple. This is the Bridge of Faith in the Will of God as the ultimate good for all life! Keeping your attention on this Bridge of Blue Fire, you see rays of light fanning outward in every direction to fill the hearts of every chela, light worker, and individual within the Human Family with this illumined faith and protection.

I AM absorbing ...

I AM expanding ...

I AM projecting ...

(use current monthly Breathing Statement-\*3X)

Breathe in... and, breathe out... as you see (current hierarchs) gift of (hierarch's quality) anchoring, illuminating and expanding within:

♦ Kuthumi's Training Center and the headquarters of the Spiritual Hierarchy, over Long Island, NY.

This sacred focus of light embodies the

This sacred focus of light embodies the feeling and substance of the nature of the Cosmic Christ. You experience yourself filled with the inspiration of the divine ideas of God, as you step upon the path of enlightenment.

Members of the Golden Robe stand ready to assist you or any lifestream interested in gaining further knowledge through the gifts of God's divine wisdom and illumination.

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Breathe in and breathe out as we once again visualize...

(insert current monthly Electronic Pattern)

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Let us now send this beautiful thoughtform forth along the luminous lotus flame pathways to the many sacred, consecrated temples and retreats, as we assist in expanding and projecting the light of God out into, through and around the entire planet Earth.

Gently begin to return your attention to this sanctuary... breathe in... absorb... and breathe out, expand and project the divine essence and light of (current month's hierarch) into the planet around you. Breathe in... and, breathe out!

Feel the rhythm of God's Sacred Fire emanating from the ground beneath your feet. Now, experience the vibration of this flame within your heart and the very heart of the Universe, pulsating with the same rhythm. Acknowledge the gentle radiance and warmth of the light within the atmosphere around you. Know that through this sacred ceremony, the Earth has been infused with the ever- expanding essence of our lotus flame flower.

You alone chose your reason for being, beloved ones, and you alone will know when you have fulfilled the requirements of your service, that divine purpose for which you have elected to enter into embodiment at this time and in this place!

So Be It, beloved I AM!

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#### BENEDICTION

Beloved Presence of God - I AM in us and in all humankind, great host of Ascended Masters and all Cosmic Beings of the Sacred Fire, who have served with us, we thank you and ask that you amplify our humble efforts with your love and light.

For each sacred foci of love, healing, peace, mercy, illumination, freedom, faith and wisdom - we offer our gratitude for the full gathered cosmic momentum of this activity of the Sacred Fire, which is open to all those who seek.

Cover our dear planet Earth with light, peace, purity, freedom, illumination and the Will of God made manifest. Hold them sustained in, through and around us and pour them through us for the blessing and raising of all life on our planet.

Let there be established on this sweet Earth again the Temples of the Sacred Fire!

This shall be for I have spoken as God's Most Holy Name - I AM!

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## Single Candle Closing Service

Blessed Flame, Expression of the Light Essence of the Supreme Source I AM, we thank you for your obedient service to us. Clothed in the gratitude of our hearts, return now to the Heart Center of Creation, to be again called forth at our invocation, as representatives of the Flame of Divinity within our hearts!

As the Oneness of All Life, I AM!

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