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A "BRIDGE to FREEDOM"  
Publication

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EDITOR'S NOTE

January 1954.

When the Transmission Flame Classes were first inaugurated, the students did not have sufficient knowledge nor momentum of application to transmit around the world the powerful concentrated Rays, Flames and Radiations of the Retreat honored each month.

To remedy this, various members of the Great White Brotherhood and the Angelic Kingdom volunteered to assist the group activities and lend the strength and energy of Their individual momentums to help the students to receive, absorb and transmit the gifts and blessings from point to point on the earth's surface.

Now that the activity has become world wide and the students have developed the capacity within themselves to perform this service in a satisfactory manner, the Masters are more and more transferring to the students both the responsibility and the opportunity for drawing and directing the Rays and Currents, so that the meritorious karma may be given to the members of the race presently embodied rather than add to the already glorious heritage of the God-Free Beings.

The Sponsors listed on the following page having completed a certain portion of Their service in this transmission activity have now expanded Their field of endeavor. For revised and current list see page 19. Consulting this page will enable you to find your present Sponsor, as of April 1, 1954. This change is made, of course, in the wisdom and under the direction and authority of the Beloved Maha Chohan.

A "Bridge to Freedom" Publication

DEDICATION

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This Manual is dedicated in deepest love and devotion to Our Beloved Master and Teacher, The Maha Chohan, in gratitude for His great service to life through the ages. At His suggestion, the Transmission Flame classes were inaugurated to expand the Sphere of Influence of every Retreat on the planet earth. Through His counsel and guidance they have been developed to the present day.

From His Cosmic Being comes forth the breath that animates every human being on the planet earth. To those who wish to dedicate a portion of that breath to the service of God the following pages will be of assistance.

To Our Lord Maha Chohan, Blessed Holy Comforter, we give our gratitude and blessings for the privilege of participating in His Endeavor to expand the gifts, powers, radiation and activities of The Great White Brotherhood throughout the world.

Thomas Printz



O U T L I N E  
for  
TRANSMISSION CLASSES

- 7.15 Keynote of Retreat should be played for 15 min. - either by personal musician or recording. (See explanation of "Keynote" on p. 8 .)
- 7.30 Give Invocation - no. 8 on p. 4 and 5 of Regular Outline, or use your own. (See note on "Invocation" - p. 8 ).
- 7.35 Give at least 20 min. to "snappy" Violet Flame decrees - which clear the atmosphere of the room and purify and harmonize the individuals present, making it easier for the Great Ones to render Their Service.
- 7.55 (a) Protective visualization and calls for Sanctuary by Director (see p. 6 ).  
(b) Candle lighting ceremony
- 8.05 Read description of Retreat in action from "The Bridge" so the minds and consciousness of the students have time to "tune in" to the current activity, prior to the "breathing" ceremony.
- 8.15 Director should read from Time Chart the course of the current Flame - starting with the Retreat of Its Source (See instruction concerning this on p. 15 ).
- 8.20 Group singing (or recordings may be used here for the next 15 min.) determined by the time you have available. (See note on "Group singing" on p. 9 ).
- 8.35 Current decrees appearing in "The Bridge" for 15 min.
- 8.50 Read letter to group from Beloved Maha Chohan on Transmission Class as given in current "Bridge".
- 9.00 PROMPTLY start rhythmic breathing - Director and alternate aloud for first 12 times - then group silently for 20 min. more.
- 9.30 Group rises and sings "Michael! Michael! Michael!" to the hymn tune of "Holy! Holy! Holy!" ( For lyrics see p. 7 ).

Director then says:

In the words of the Beloved Archangel Michael, we gratefully dismiss those who have assisted us in this meeting:

"In the Name of the Sun from whence I came, I speak to Thee, O!

Archangels and Archaii, Seraphim and Cherubim and great Angelic

Host; - In the Name of Life and Light Eternal, I speak to Thee,

O! Cosmic Beings, Ascended Masters and Holy Christ Selves of all

mankind; In the Name of the Beloved Maha Chohan, the Directors

of the Forces of Nature and Builders of Form, Mighty Elohim and

Devas and Elementals come today in response to the heart-call of

these people - GOD SPEED THEE NOW! Go north and south and east and west and cover this planet round with Love. So be it - In God's Name! "

---

Extinguishing of Candles -

"As we return these little flames to the heart of the Great Central Sun from whence they came, in the Name and authority of the Beloved Presence of God "I AM" in us, we command them to be out little messengers of Divine Love and Gratitude supreme, for the privilege of living, loving and serving life. As they leave the physical octave of earth, let them be charged with all the combined gratitude of all who belong to the earth's evolution at this time, intensified without limit by beloved David Lloyd's Cosmic consciousness, feeling and full gathered momentum of Cosmic Christ Gratitude. As this proceeds to the Throne of the Eternal, may it be enough to let that Great One release the one mighty stroke that wipes from the records and memory of life in a flash all that was never intended to be, replacing it at once by all the power and perfection of God's Great Divine Plan fulfilled, sustained and expanded by the Sacred Fire without limit, today and forever. We thank Thee it is done!

Meeting dismissed with Benediction from regular Group Outline, (No. 17 and 18) All leave quietly endeavoring to hold Radiation.

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NOTE:- In lighting the candles if more than one is used, they should be lighted from left to right of Leader and extinguished in the opposite direction, extinguishing last candle first.

Beloved Frances:

October 1, 1953.

"I AM" so vitally interested in the progress of the Transmission of the Flame around the earth, because My Service to Life is connected with the tying of the breath into the physical body at the time of birth and the releasing of the final breath from the body at the time of so-called death.

The USE of the breath in the course of the Life determines the amount of vital essence that can be released to and through the individual from the finer ethers. Within these subtle ethers is the exilir of Life, the secret of eternal youth and beauty and the purifying agency by which disease and decay are transmuted into immortality.

Mankind, for the most part, are not discriminate in what they INBREATHE nor what they OUTBREATHE into the universe.

When mankind voluntarily offers to contribute some of his breath to the forward progress of the race, he automatically receives from Life a greater proportion of the gifts that lie within the substance of the air and ethers.

The forming of "The Bridge" from point to point across the face of the earth, by the VOLUNTARY CONTRIBUTION of the breath of certain students is a marvelous Cosmic Action of the Law. Up to this point, we felt it enough for the students to concentrate upon the Flame to be released and then attempt to regulate the rhythm of the breath so that the primal substance of the unified breath of the group might be moulded by the Master Sponsor, directed by Him and sustained by Him, to form the conductor of the Flame in the world wide circling of the globe. However the intensity of the individual's interest, and the clarity of comprehension, make it possible for Us to experiment with the further development of this endeavor.....giving to the chelas the greater responsibility of drawing, absorbing, qualifying, directing and expanding the Flame on the breath. We shall watch carefully to see how each one co-operates in this endeavor.

The same rhythm of breathing will be as follows - four activities, INBREATHING - HOLDING - OUTBREATHING and HOLDING. However, We shall "step up" the activity and complete the cycle in one consciously drawn, held and released breath, as follows:

ON THE INBREATH - let the students CONSCIOUSLY DRAW THE FLAME from Beloved Hilarion's Retreat on the Island of Crete INTO THEIR BODIES. The leader will, of course, have to step up the worded decree which will direct their attention accordingly -

"I AM" inbreathing the Flame of Truth of Beloved Hilarion from the  
Island of Crete.

ON THE SUSTAINED FREATH in the body, let the students CONSCIOUSLY absorb that Flame and expand it through the pores of the body and through the aura and the atmosphere of the locality in which the group is held.

"I AM" absorbing the Flame of Truth of Beloved Hilarion from the  
Island of Crete.

ON THE OUTBREATHING, let the students consciously DIRECT that Flame, with the added quality of their individual and collective Love and Light, to the next point in the course of its progress -

"I AM" EXPANDING the Flame of Truth of Beloved Hilarion from the  
Island of Crete.



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AS THE BREATH IS HELD OUT OF THE BODY, let the students visualize the Flame covering the earth in rhythmic circular movement and love and thank that Flame and the Great Retreat from whence It issues forth.

"I AM" LOVING the Flame of Truth of Beloved Hilarion from the Island of Crete.

Then this may be repeated in its fullness twelve times, - then silently. It is wisdom for the leader from time to time to repeat the rhythmic decree audibly to allow the students to check on their individual rhythms.

LOVE AND BLESSINGS -

M A H A C H O H A N

Instruction on Rhythmic Breathing  
in connection with the classes held each month for

8/1/53

THE TRANSMISSION OF THE FLAME

around the world

These classes, held always on the 15th of the current month (if that date falls on a Saturday) OR the first Saturday AFTER the 15th of the month, are the Divine Idea from the Beloved Maha Chohan which He was kind enough to release to us over a year ago. The attention of the chelas (meaning "disciples") being drawn to a special Retreat of the Great White Brotherhood every 30 days enables that focus of Their Light to expand tremendously and give Its special Quality of Blessing into the atmosphere of earth and into the bodies, minds and feeling worlds of its people, especially those who are conscious of this activity and its importance at this time. As we all know, the Great Cosmic Law has given the Great Ones a period of twenty years in which to awaken all the lifestreams embodied on the planet earth, endeavoring to get their loving cooperation in assisting the earth to emit more Light. This is done, in part, at least, by the willing release rhythmically, of their own breath (which is their LIFE). You can live quite a while without food and without water, but how long can you live without BREATH?---

In order to give the Great Ones the best assistance possible in releasing this energy for Them to use, it becomes VERY necessary for all to put aside everything of the outer world's demands in every way and, for at least ONE evening a month, join with others who are interested in this same endeavor and make these "Transmission" groups as large as possible in numbers. In this way, each one individually receives the benefit of all present and the cooperative action gives Them more energy to use. However, we understand there are conditions at the present time where it is not possible or practicable for chelas to join others but this will be remedied in time as we continue to make the call.

The breathing is ALL DONE thru the nostrils, NO mouth breathing is done during those exercises - just a normal, relaxed, effortless, rhythmic breath on a definite "beat" is most useful to the Great Ones.

In the beginning, we started with the count of 4 - 4 breaths IN, then HOLD them 4 counts, then breathe OUT 4 counts and HOLD (without breathing) 4 counts. After we had done this about 6 months, the Beloved Maha Chohan said He felt we were ready for a greater control of the breath and we should use 8 from then on. You will notice the statement we use for the breathing has eight distinct "counts" or "beats" which should be done to BRISK MARCH TIME - not too fast however, but very DEFINITELY NOT SLOW! A good friend has suggested the use of a "METRONOME" - our musical friends will know exactly what we mean by that - if any do not, you can go to some good music store and ask them to let you see and hear one - perhaps you could buy one, if they are not expensive. However, I think you can get the "best" from hearing one "click" - have the gentleman at the store set it to a brisk march tempo and give your decree or statement to that beat. Your statement is always marked in your monthly letter, 1-2-3-4-5-6-7-8. Each "click" of the "Metronome" would correspond to one of the numbers. Is this clear? It seems more difficult to put it on paper than to give it to you personally, which I do hope some day to be able to do. If you have any more questions on this, PLEASE write them to ME PERSONALLY. Thank you and God bless you!!!

The Beloved Maha Chohan recently explained to us that, without these "Transmission of the Flame" activities each month, it would be quite impossible for Them to accomplish all that must be done within the period of twenty years allotted Them. So you can see how very important these classes are.

## 7.55 LEADER makes the following calls (Audience Seated) for Protection of Group and Meeting Room:

- a. Let us visualize the walls of this place as tho CHARGED into walls of White Fire, like sun on glistening snow (about 3 feet thick) dissolving and consuming INSTANTLY all that is not of the Christ, sustaining and expanding forever in its place, the FULL PERFECTION of "The Light of God that NEVER fails!"
- b. Let us picture a pillar of Blue Flame coming from the Heart of the Earth, up underneath this room (as though the room were resting on it). And then see that Blue Flame expand in all four directions, up around the room, high into the Ascended Masters' Octave - holding the room within a gigantic CUP OF BLUE FLAME of the Ascended Masters! Divine Love and Invincible Protection. Then see the radiation from the stem and the Cup move out in all four directions, thru the earth and its atmosphere, and meeting on the other side of the planet return again to this room for greater intensification. And call for this activity to be eternally sustained and ever-expanding; dissolving and consuming forever, the entire sinister force and psychic plane, replacing it with the Perfection of the Divine Plan fulfilled to-day and forever!
- c. Picture the Violet Consuming Flame from the center of the earth to the Great Central Sun, thru the room itself and all within it; charged and qualified with everything for which we have always called, especially the purifying, HEALING, supplying Power of Divine Love, and see it expand itself WITH the Blue Flame to produce Perfection everywhere forever! Then see the Walls of WHITE FIRE move out and replace all that has been consumed of imperfection, by the full Perfection of Itself.
- d. See every chair in the room as tho it were the ATOMIC ACCELERATOR - a chair of Dazzling, Blazing, Golden Light - and where your shoulder blades rest against the back of the chair - FEEL that Golden Light DRAW UP from your feet, and DOWN from the top of your head, and TAKE OUT thru your spleen (at about the shoulder blades) all substance that has shut in the Light of the Electron, and see your entire body BLAZE with the Crystal-White Light of the Higher Mental Body. Hold this picture as clearly as possible for a minute or two to let THAT LIGHT TAKE HOLD of the substance of your body! And the more you can do and ACCEPT the reality of this - the more quickly will you be free from all body distress.
- e. See in the center of the ceiling of the room THE SECRET LOVE STAR - a nine-pointed Star of Blazing, Dazzling, GOLDEN LIGHT. And by your Imaging Faculty, picture a Ray of this Star, coming right into your heart and expanding INSTANTLY for at least 9 feet around the physical body; making a blazing Sun of the Golden Light of Beloved Sanat Kumara's Love and Patience of the Cosmic Christ; a cloak of invisibility, invincibility and invulnerability, to all that is not of THE LIGHT, and a gigantic magnet to draw and hold the limitless abundance of money and every good thing, by the power of Precipitation - instantaneous or otherwise - tax free, as a glad free gift of Love, that carries automatic invincible protection, and can only be used for the fulfillment of God's Great Divine Plan.



- f. In the center of the room, with the point toward the Secret Love Star, and the base across the middle of the floor, see the Crystal Triangle of the ALL-SEEING-EYE of God, with that Glorious Eye within sweeping forth a mighty Ray to the front of the room, and then in a circular activity from left to right, thru the head area of each one, and thru the aura of each one, annihilating instantly and forever, ALL human concepts, feelings and opinions; all human prejudices and dislikes; all human patterns and thought-forms of imperfection; all destructive etheric records of mankind's disobedience to God; and their frightful rebellion against the Purity and Perfection of God's Great Divine Plan; all habits of thought and feeling that are not the fulfillment of that Plan; and all psychic substance, in, thru and around or driven against us - cause, effect, record and memory - before they can act, approach or encroach upon Life longer.

LEADER then says:

"Beloved All-Seeing-Eye of God, Elohim from the Sun!  
We Love Thee, Bless Thee, Thank Thee. O! Thou Great  
Almighty One!  
Blaze thru us THY LIVING LIGHT - Raise us all on High!  
Beloved Elohim of God - God's All-Seeing-Eye! "

- g. LEADER continues with Adoration to Archangel Michael:

"Great Archangel Michael, Great God from the Sun!  
We give ALL WE ARE to Thee, Thou Mighty One!  
We love Thee! We bless Thee! Thou God of Great Might!  
BLAZE thru us! Blaze THRU US! MAKE US ALL THY LIGHT!  
Protect us! Perfect us! MAKE US DO RIGHT!  
Blest Archangel Michael - DEFENDER BY LIGHT!"

- h. CANDLE-LIGHTING CEREMONY:

LEADER ONLY says, as the candles are lighted:

"In the Name, Love, Wisdom and Power of the Immortal Three-fold Flame of Life, we call forth these Flames and qualify them with ALL THE POWER AND PERFECTION, Invincible PROTECTION and LIMITLESS SUPPLY from the Great Central Sun, the Physical Sun, and the Retreat \_\_\_\_\_ CHARGE (3), FLOOD (3), SATURATE (3), us and all under this Radiation, and every person, place, condition and thing in the earth, on the earth and in its atmosphere with that fiery essence until It has set the earth and all within and upon it eternally free.

Lyrics for singing to Beloved Lord Michael at 9.30 before dismissing

Michael! Michael! Michael! Lord of the Archangels  
From the earnest souls of men does gratitude arise!  
For Thy Heavenly Presence, let all earth adore Thee -  
God from the Sun! In all that Name implies!

Michael! Michael! Michael! Let defending angels  
From Thy Heavenly Legions, flood earth, and sky and sea;  
Purify, illumine, guard the God-free concept  
Of Light's Perfection for all men to see!

Gabriel and Raphael, Jophiel and Uriel,  
Chamuel and Zadkiel and all the Hosts of Light -  
Cherubim and Seraphim, from the height of glory  
Rend human veils - stand forth to human sight!



## Explanation of "KEYNOTE":

This "keynote" represents the general melody that pours forth from the Retreat and Its Brotherhood. Because of the denser consciousness of the outer self, composers as a rule are not able to accurately reproduce these beautiful melodies exactly but often weave them into an "aria" or composition, often quite unconscious of the fact that they have "tuned in" to a part of the "Music of the Spheres". The Masters have indicated some pieces of music known to the outer consciousness which most nearly portray the radiation of the various Retreats. In other words, the outer world composition such as, for instance, "Liebestraum", embodies the "Theme" of the music of the Ascension Temple as well as many extraneous notes from the composer's own consciousness and is not necessarily note for note - the original melody.

The "keynote" of the Retreat currently active will appear in the corresponding of "The Bridge", together with current decrees, etc.

**IMPORTANT:** All who are participating in this transcendent activity should be in their places in the room during the playing of this "keynote" so that the Master in charge (The Divine Sponsor) may quiet and attune the inner bodies and atmosphere of all present. This is very important!

---

**IMPORTANT!** - Invocation.

To keep each Transmission Class CURRENT and up to date - and to give the Retreat and Radiating Masters the opportunity of entering both the Sanctuary and the consciousness of the participants therein, IT IS MOST IMPORTANT that a loving and reverent and sincere invocation be made to that Retreat BY NAME as well as to the Hierarch in charge thereof and the particular activity of the Sacred Fire being released at that time - viz: "Thru the Love of my own Beloved "I AM" Presence, I call directly to the Beloved Ascension Temple at Luxor, Its Hierarch, the beloved Serapis Bey and the full gathered momentum of the Ascension Flame anchored there. Establish in thru and around us and all participating in these Transmission classes this night the full Power and Glory of Your Ascension Flame, in ever-expanding radiance, to raise all life evolving on this planet and in its atmosphere out of everything human into all that is Divine and hold it there forever".

(This will have to be adapted to each succeeding Retreat, Its Hierarch and Its Activities.)

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CONCERNING ACTUAL TRACK of Transmission Flame  
around the earth:

It is suggested that the Sanctuary or Group Director AND THE STUDENTS as well, familiarize themselves with the map showing the course of the Transmission Flame as it leaves Its Original Source (the Retreat currently active), and proceeds from West to East around the globe.

This should really be done AT HOME, prior to attending the Transmission Class so each one individually is fully conscious of the exact location on the earth's surface of the Retreat in action. Then, consulting the Time Chart, the course of the Flame may be easily followed, enabling each locality to know from whence comes the Flame into his or her Sanctuary and to what further point toward the East, he is to consciously direct it.

It might be well for the Director in charge - immediately before the stroke of your "breathing hour" to read aloud from the "Time Chart" - the focuses (cities) through which the Flame passes, starting of course, with the active Retreat of the

month. Particular attention should then be given to the point from which you receive the Flame and to which you should direct it.

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NOTE on "Group Singing" -

Allowing the congregation to sing together is always preferable to recorded music in this instance, because as the Beloved Master Saint Germain has said, " It brings the already harmoniously qualified energy right into the octave where the greatest discord abides and allows the students the meritorious karma of giving their own life energy to drawing the Masters' love and blessings, both thru the words and the feelings that accompany such songs of praise and thanksgiving."

In this connection the Group Director should use his or her initiative and base his songs, decrees and visualizations on the Retreat and Masters being honored. When you have knowledge of the Sponsor of your Sanctuary or locality, you can also sing to him or her (see list of Sponsors, p. 12 ).

When Darjeeling is honored, for instance, you may use the song already published in a recent issue of "The Bridge" which refers to Beloved Morya - "The Will of God" or the one personally to Beloved Master Morya - also so published.

//////////

Some time ago the Beloved Maha Chohan asked us to use, at least once in each meeting - the following lines sung to the hymn tune "The Church Has One Foundation".

"Beloved Holy Christ Self - descend now into me -  
Possess my world with all Thy Light and set me ever free;  
Let Thy dominion take control for the sake of Saint Germain,  
HOLD Thy Dominion in me now - forever to remain.

Dissolve, consume, annihilate the human now - today -  
By the power and might of Cosmic Light - see I that Light obey;  
And Hosts of Light, in glory bright, let me Thy Victory be -  
Beloved Holy Christ Self, descend now into me".

\*\*\*\* The word "THEM" may also be substituted for "me" above - when using it not for the individual alone but for the 10 million recently given the grant under the Great Cosmic Law. This call from the hearts of unascended beings enables greater assistance to be given these souls.

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FOOTNOTE ON Rhythmic "Breathing" -

Where there is more than one present have the Director give the first line and another willing individual give the second line; the leader should give the third line and the other individual the fourth line. This "four-point" activity should be given ALOUD twelve consecutive times - the audience remaining silent during this release. After this - the entire audience continues on in silence - repeating the same statements within themselves on the same rhythmic beat, for the next 20 minutes.

Quite naturally, it is not humanly possible for an individual to inbreathe and breathe out at the same time - as speaking carries the breath OUT OF THE BODY. Therefore the Group Director and alternate, actually begin their rhythmic breathing AFTER the four statements "inbreathing", etc, have been given 12 times..

Beloved Saint Saint Germain has this to say concerning the above:

" The Director represents the Ascended Master Who is the Hierarch of the Retreat and Who anchors thru the Director, His Personal Ray. The alternate speaker represents the student body and accepts the radiation and blessing for the group.

It would be better to have two people perform this ceremony whenever possible, because the Master's currents are so much higher than that of the student body that it requires a rapid change of vibratory action thru one form.....

Do not allow any jerky or spasmodic motions in connection with the drawing in, sustaining or expelling of the breath - all depends on smooth, fluidic, effortless motion."

**IMPORTANT:** The breathing is done thru both nostrils at once with the mouth closed. There should be no sound whatsoever as the air is drawn into the body or released from it.



CHRONOLOGICAL CHART OF RETREATS  
 Opened for 30 - day periods from July /52 - thru June /53

DATE	RETREAT	MASTER IN CHARGE	COLOR	KEYNOTE
1952 July 19	Transylvania	Saint Germain	Purple	Any of the Strause Waltzes
Aug. 16	Retreat at Titicaca	God Meru	Pink	Indian Love Call
Sept. 20	Ascension Temple at Luxor	Serapis Bay	White	Lieberstrau
Oct. 18	N.E. of Suva	Surya	Golden center outer Blue	Aloha
Nov. 15	Shamballa	Sanat Kumara	Gold, Pink and Blue	Caprice Vieniese
Dec. 20	Rocky Mountain Retreat	Lanto	Gold, green leaves & stem	Evening Star from Tamhauser
1953 Jan. 17	Ascension Temple at Luxor	Serapis Bay	White	Lieberstrau
Feb. 21	Temple of Mercy	Kwan Yin	Royal Purple	In a Monastery Garden
Mar. 21	Kashmir Hills	Lord Maitreya	Gold	Ah Sweet Mystery of Life
Apr. 18	Retreat at Darjeeling	El Morya	Crystal, can- opy Blue	Pomp and Circumstance
May 16	Resurrection Temple	Jesus and Mary	Pure White	Ave Maria
June 20	Rocky Mountain Retreat	Lanto	Gold and Green	Evening Star from Tamhauser



UNITED STATES OF AMERICA

As of April 1, 1954.

STATES

SPONSOR

New England States  
Maine                      Massachusetts  
New Hampshire          Rhode Island  
Vermont                    Connecticut

Middle Atlantic States  
New York                  Delaware  
New Jersey                Maryland  
Pennsylvania              District of Columbia

Southeastern States  
Virginia                    South Carolina  
West Virginia              Georgia  
North Carolina             Florida

Southern States  
Tennessee                 Louisiana  
Alabama                    Texas  
Mississippi                Oklahoma  
Arkansas

North Central States  
Kentucky                   Minnesota  
Ohio                        North Dakota  
Michigan                    South Dakota  
Wisconsin                   Nebraska  
Illinois                     Kansas  
Indiana                     Missouri  
Iowa

Western States  
New Mexico                Idaho  
Colorado                   Utah  
Wyoming                    Nevada  
Montana                    Arizona

Pacific States  
California                 Washington  
Oregon

Beloved Nada

Lord Maitreya

Beloved Kuthumi

Beloved Victory

Beloved Jesus & Mary

God Tabor

Beloved Saint Germain

COUNTRIES

Alaska, Canada, Greenland

Mexico, Central America, West Indies

South America

Antartic

Iceland, Artic

British Isles  
England, Scotland, Wales, Ireland

Italy, France

Iberian Peninsula: Spain, Portugal  
Mediterranean Borderlands

Belgium, Denmark, Netherlands (Holland)

Switzerland, Germany, Austria, Hungary,  
Poland, Czechoslovakia

Norway, Sweden, Baltic Countries:  
Finland, Estonia, Latvia, Lithuania

Balkans: Greece, Rumania, Bulgaria, Turkey  
Yugoslavia

Africa, Madagascar

Union of Soviet Socialist Republics

Western Asia  
Arabia, Persia

Northern Asia  
China, Tibet, Mongolia, Siberia

Central Asia  
India, Malayan Peninsula, East Indies

Australia, New Zealand

Pacific Islands, Philippines, Hawaii

SPONSORS

Beloved Vista  
(Cyclopea)

Lord Maha Chohan

God Meru

Beloved Hercules

Beloved Vulcan

Beloved El Morya

Beloved Paul,  
The Venetian

Beloved Lord Raphael  
The Archangel

Beloved Saint Christine

Beloved Lord Michael,  
The Archangel

Beloved Leto

Beloved Hilarion

Beloved Serapis

Beloved Lord Gabriel,  
The Archangel

Beloved Zarathrustra

Beloved Kwan Yin

Beloved Djwal Kul

Beloved David Lloyd

Beloved Surya

FOCI AND SPONSORS  
FOR TRANSMISSION FLAME CLASSES  
Original (but now obsolete)

RETREAT OR FOCUS

Shamballa  
Temple of Mercy, Peiping  
Australia  
N.E. of Suva  
Retreat at Lake Titicaca  
Mount Shasta  
Rocky Mountain Retreat  
Denver  
Cincinnati  
Cleveland  
Erie  
Harrisburg  
Philadelphia  
New York City  
Long Island  
New Bedford  
Daytona Beach  
Havana, Cuba  
British Isles  
Switzerland  
Italy  
Transylvanian Retreat  
Ascension Temple at Luxor  
Arabian Retreat and Resurrection Temple  
Retreat at Ceylon, Darjeeling, Kashmir  
Canada

SPONSORS

Sanat Kumara  
Kwan Yin  
David Lloyd  
Suryea  
God Meru  
Saint Germain  
Lanto  
God Obedience  
Mary  
Jesus  
Leto  
Hercules  
Victory  
Lord Maitreya  
Pallas Athene  
Nada  
Kuthumi  
Maha Chohan  
El Morya  
God of The Swiss Alps  
The Venetian  
Oromasis and Diana  
Serapis Bey  
Lord Raphael, The Archangel  
Djwal Kul  
Vista (Cyclopea)

Beloved Saint Germain in His great wisdom establishing the initial pulsation of the Freedom Flame from His Retreat in Transylvania, on July 19th, 1952, requested the first group to be ready to cooperate with the actual transmission of the Flame at exactly 9 P.M. Eastern Standard Time (Philadelphia). Since we all understand such tremendous release of power always requires a preparatory release of protective calls, etc., It was thought wise to begin the meetings one hour and a half before the actual releasing of the transmission breath was effected (see outline).

The Masters wish to honor the hour of the original pulsation of the Freedom Flame in this transmission activity. Those participating are requested to adjust the time of their meeting to correspond with this initial pulsation of 9 o'clock Eastern Standard Time.

The transmission of the flame classes are requested to meet the first Saturday after the 15th of each month - on the 15th itself if that date follows on a Saturday.

STANDARD TIME DIFFERENCES

9 P.M. Eastern Standard Time

New York	Havana	Montreal	(E.S.T.)	9 P.M.	Saturday
Chicago	Mexico City	Winnipeg	(C.S.T.)	8 P.M.	Saturday
Denver			(M.S.T.)	7 P.M.	Saturday
Los Angeles	Vancouver		(P.S.T.)	6 P.M.	Saturday
Honolulu				4 P.M.	Saturday
Lake Titicaca,	Peru			9 P.M.	Saturday
Buenos Aires,	Argentina			10 P.M.	Saturday
Rio de Janeiro,	Brazil			11 P.M.	Saturday
Santiago,	Chile			10 P.M.	Saturday
Bogato,	Columbia			9 P.M.	Saturday
Arabia				5 A.M.	Sunday
Australia - Melbourne - Sydney				12 noon	Sunday
West Australia - Perth				10 A.M.	Sunday
Belgium - Brussels				2 A.M.	Sunday
British Isles - London				2 A.M.	Sunday
China - Peking (Pei-P'ing)				10 A.M.	Sunday
Egypt - Luxor - Alexandria				4 A.M.	Sunday
France - Marseille - Paris - Rhone				2 A.M.	Sunday
Germany - Berlin - Bohnn				3 A.M.	Sunday
Greece - Athens - Crete				4 A.M.	Sunday
India - Ceylon - Kashmir Hills				7 A.M.	Sunday
India - Darjeeling				8 A.M.	Sunday
Italy - Milan - Rome				3 A.M.	Sunday
New Zealand - Wellington				2 P.M.	Sunday
Philippine Islands - Manila				10 A.M.	Sunday
Shamballa				9 A.M.	Sunday
Spain - Madrid				2 A.M.	Sunday
Suva				2 P.M.	Sunday
Sweden - Stockholm				3 A.M.	Sunday
Switzerland - Zurich				3 A.M.	Sunday
Transylvania				4 A.M.	Sunday
Tanganyika, East Africa				5 A.M.	Sunday

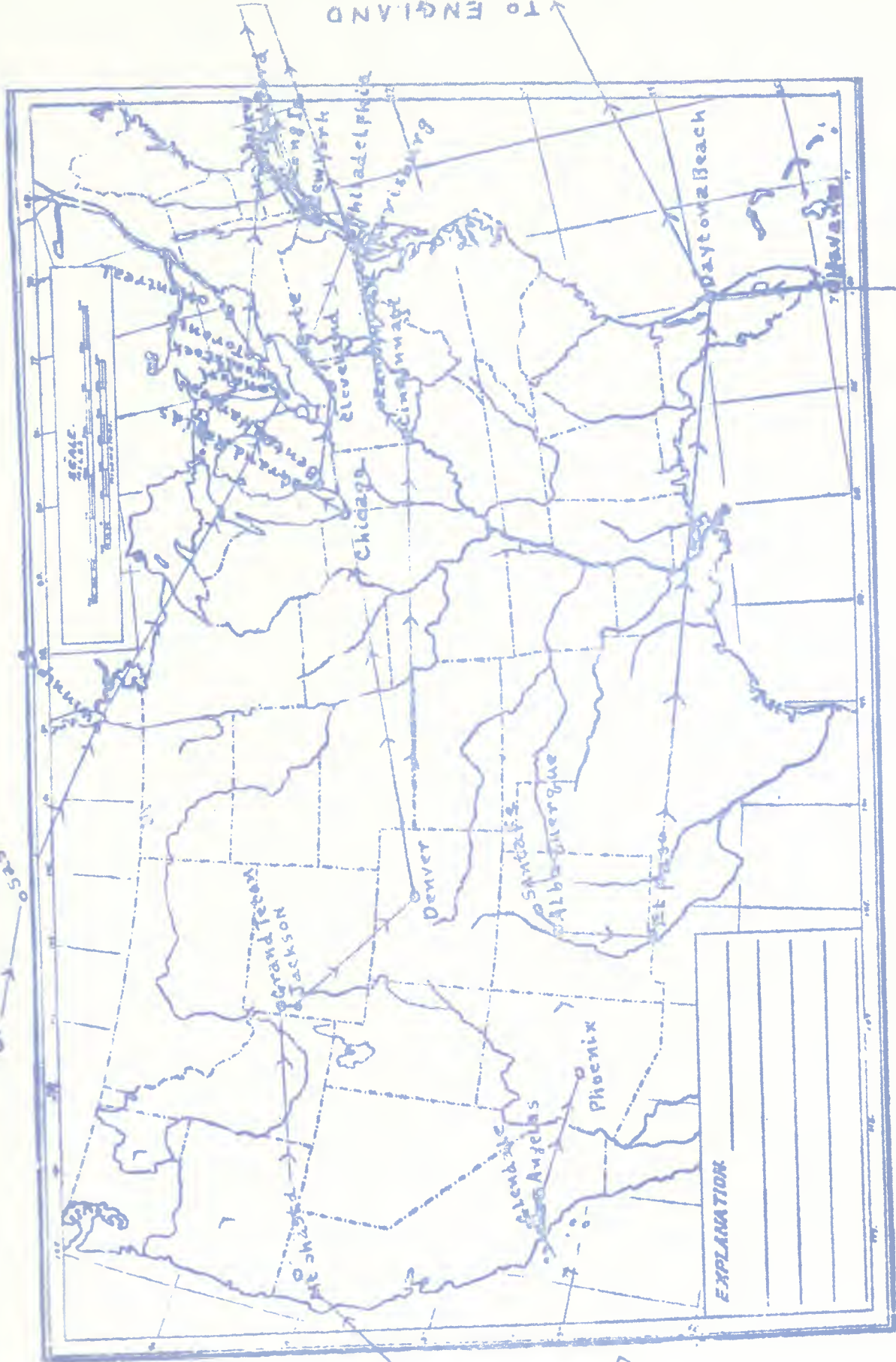


TRANSMISSION MAPS

From the maps you will note that the Masters' Currents are directed from west to east. If your city or locality does not appear on the map, it is suggested that you direct your currents to the point of Transmission towards the east nearest to you from whence it will be picked up and sent on eastward.

# TRANSMISSION MAP of U.S. and Canada

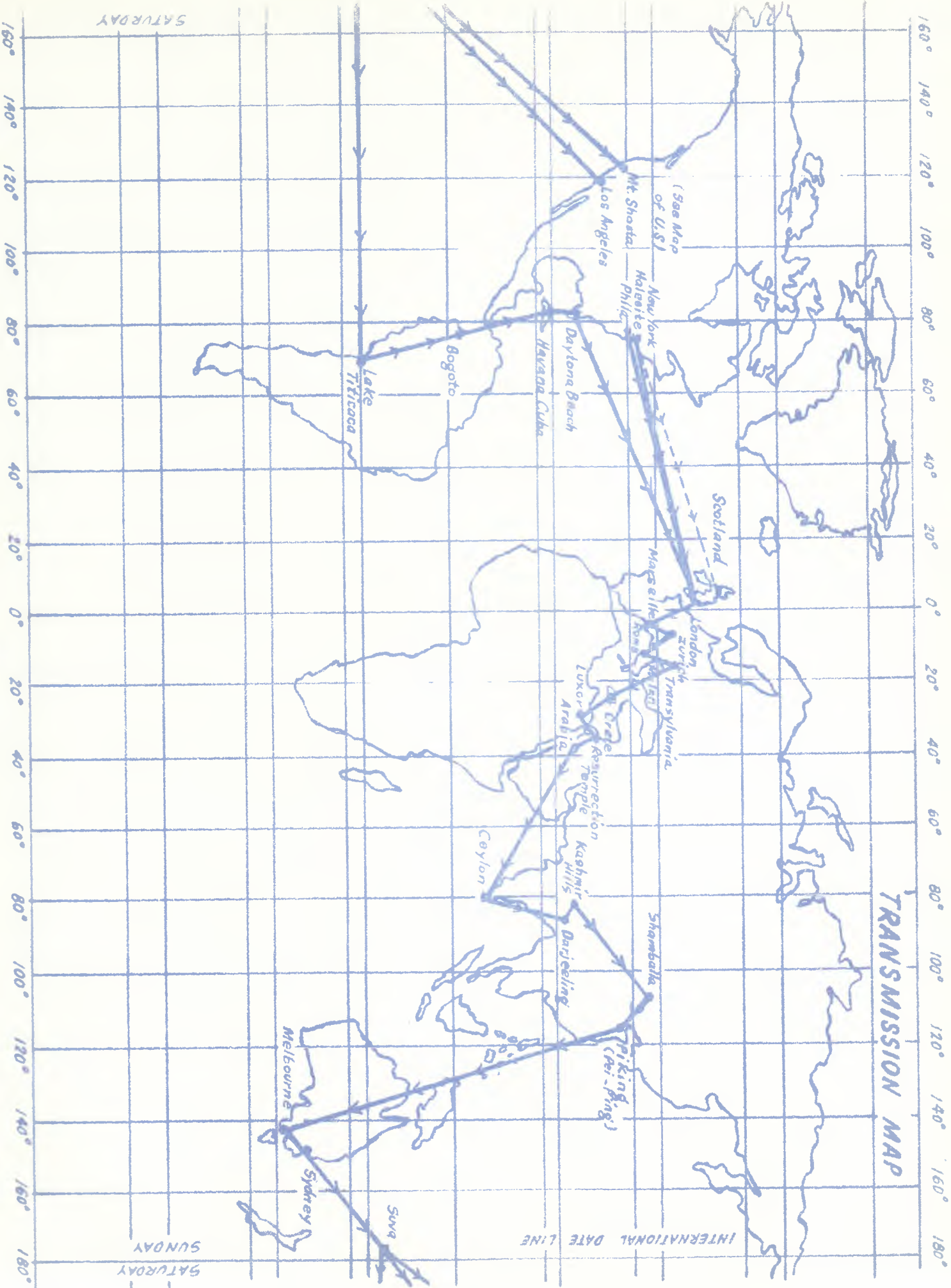
← OSAKA  
← OSAKA  
← OSAKA



← FROM LAKE TITICACA

← FROM SUVA

# TRANSMISSION MAP



SATURDAY

SATURDAY  
SUNDAY

INTERNATIONAL DATE LINE



## THE HISTORY OF THE TRANSMISSION FLAME CLASSES

About three years ago the Master Morya applied to the Cosmic Law for a dispensation whereby He might endeavor to reach the consciousness of certain lifestreams and secure their cooperation and assistance in forwarding the Divine Plan, which is the service of The Great White Brotherhood.

As all students of spiritual truth know, this Mystic Order of Divine Beings has dedicated its collective and individual life to helping the evolving consciousness of mankind on the earth.

At certain points on the surface of our planet, these Beloved elder Brothers and Sisters have foci and from these Centers They constantly send out blessings and assistance to mankind.

It has been the plan of the Master Morya to open the door to the mankind of earth who are interested in cooperating with this Brotherhood by providing them with a knowledge of which Retreat was currently active, what the Masters were endeavoring to do through Its Radiation, and, generally, give a comprehensive understanding to the students who might wish to join their energies with the endeavors of the Brotherhood while such endeavors were in progress.

Master Morya felt that both the Cause of Heaven and the individual's own evolution as well could be hastened if every man might become an "actor" in the Universal Drama WHILE IT WAS YET BEING STAGED.

The Beloved Morya received a limited dispensation whereby He was privileged to endeavor to contact certain chelas who, through past association, might respond to His overtures. If they did so respond, He would be given additional freedom from the Impersonal and Impassionate Law. The way and means by which He should make such overtures would likewise depend upon the questionable cooperation of whatever lifestreams he could secure to "bridge" the chasm between the Ascended Masters' Octave and the realm of human consciousness. The acceptance of His Presence behind the endeavor would depend upon the spiritual perceptions and sensitivities of those chelas chosen, with some trepidation, for the experiment.

The acceptance by the chelas of His offer of friendship made it possible to provide a simple journal (THE BRIDGE TO FREEDOM) the pages of which were wholly at the disposal of the Masters. Through this journal our Beloved Morya has acquainted an ever growing group of sincere and interested students with the current activities of The Great White Brotherhood, the Retreat which is playing Spiritual Host to Its Members, and the general outline of Their service to mankind in the present and immediate future.

Our Lord, Maha Chohan, seeing an opportunity through cooperating with His Son's Endeavors, then conceived the Idea that there might be individuals who would choose to gather together once a month and CONSCIOUSLY RECOGNIZE, ABSORB, RADIATE AND DIRECT the Radiation from the Retreat which was active in that thirty day cycle. These individuals would re-create in their local environment a forcefield of qualified energy which would act as a "transmitter" of the blessings and currents from the actual Retreat itself. The creation of such a forcefield would act in a manner similar to that employed by the radio and television companies who transmit programs across the face of the globe by means of transmitting stations which "pick up" the original beams of energy, revitalize them and direct them onward in their progressive course toward a given goal.

The life of the students flowing out in thought and feeling would make up the substance of the forcefield. The Maha Chohan further suggested that "breath being life itself" the students intensify their local power unit by rhythmic breathing, He



further desired to give the good karma of such personal service to the unascended lifestreams and thus suggested that the "conductor" of the Flame and Radiation from the Retreat be the very breath of life of each student, woven into a strong, directed beam of intelligent energy.

Our Great Lord Maha Chohan had further plans for these groups which He did not divulge at first. One among them is to permanently establish these "forcefields" in strategic locations upon the surface of the globe so that at any time of crises or need the Masters will have a conductor of harmoniously qualified energy from which can be directed protection to any specific locality requiring assistance; through which the Masters can flash the Flame and Power of Their Protection, Healing, Illumination, or whatever the requirement might be.

The Maha Chohan presented the outline of His Plan to one of the Beloved Chelas who He felt had a momentum for drawing ideas into action quickly. This beloved chela interested several others in the surrounding locality. On July 19th 1952, the first group of eleven students met and endeavored to tune into the radiation of the Retreat of the Master Saint Germain, located in the Transylvanian Alps.

The following letters show the progressive development of the classes as other cities and interested individuals began to join these pioneer students who were given the opportunity of being conscious conductors of the Masters' blessings to the planet and all its evolving life.

The initial pulsation for the first Transmission Class formed the spiritual spark around which the larger endeavors have developed. As it is obvious that the location of the Retreats throughout the entire planet would make the time change each month confusing to the peoples, the Masters honored the initial pulsation, which was at nine o'clock Eastern Standard Time, and the rhythm begins at this time no matter where the Retreat itself is located.

THE BRIDGE TO FREEDOM

Associate Editor

## EXCERPTS FROM MAHA CHOCHAN'S INSTRUCTIONS

March 23, 1952.

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Every activity and every individual has a forcefield around them. I have chosen to call this the 'Sphere of Influence', beyond which the directed vibrations are not potent enough to become the master activity. In other words, the farther from the body pass the rays of an individual or a Sanctified Flame, the less strength they have. After that some other creative center dominates the energy from the periphery of such a sphere of influence. For instance, to explain it in a homely fashion, a radio or television transmitter can only send a program for a certain distance and individuals who have receiving sets will find that if there is a powerful station nearer to them than the one in which they are interested at the moment, the predominating power station is the one most likely to come in over their radio, despite their choice.

In cross country or international transmission of programs, for instance, subsidiary stations take up the original vibration which has exhausted its transmitting power, revitalize it and send it forth again to a new and further point which can be benefitted by such a transmission.

The Masters of Wisdom, through the cooperation of the chelas, have used this means of transmitting vital forces and directing them for many centuries, but it is expedient in this New Day that the 'Receiving Station' who becomes part of the 'life-line' be alert enough to re-generate the blessing and then direct it on its course to a new portion of humanity. Through the energy of another trained individual or group who is waiting by pre-arranged signal to receive the projected Will of the Master as well as the Radiation, at that point on the earth's surface, they pass it on until it arrives back again at the original broadcasting center, after encircling the planet.

If the stations from New York to California did not immediately relay the vibration they carried of a national program, it would be impossible for a New York concert to reach say Los Angeles, or vice versa.

In the case of the Retreats, more especially the one that is active for the month, those nearest to it are most powerfully influenced and benefitted. It is particularly difficult to project radiation across large bodies of water, like oceans. The number of generating centers combined effect the power of transmission, of course, as well as their individual capacities, BUT, in this new activity wherein Spiritual Foci are opened for world benefit -- if we could establish groups of conscious chelas in KEY POSITIONS particularly along the sea coasts, and on the rocky promontories of the various continents, they could, at set hours, receive the directed force from the active Retreat (if their continent was Host of the world in a particular month) and then, as mechanically as the radio company, transmit that blessing through the very energies of their bodies to waiting groups in each continent who, in turn, would project the force (without the dissipation of space) thus the transmission would be affected successfully across the oceans and through the continents without the loss of either its force or efficacy.

This, in reverse is what the tom-tom drums of Africa do which excite the passions of war, but which shows the power of conveyed vibrations. It is also the method used in sending mystic messages through the length and breadth of India in a split second. However, Our method would depend on conscious, reliable and responsible 'Way Stations' who are always (not when they feel amiable only) both receivers and transmitters.

To be a receiver without being willing to be a transmitter is a grievous fault.

Every active Retreat is dedicated to a special quality necessary to the evolu-



tion of the race as well as to the individual and the procedure the Masters observe in the transmission of this quality, its radiation and benediction is as follows:

Around the central Focus of Flame representing the God-quality stand a number of Liberated Beings of Light Who consciously draw into Themselves the Essence of this Flame in a rhythmic breath. They hold this breath for a given time and then breathe it out again in unison, holding it outside of Themselves and mentally projecting it to the periphery of the Retreat's Sphere of Influence. They consciously add Their own light and life to the essence of the Flame during this transmitting process and the whole procedure is carried out with mathematical exactness, both with regard to the time and place of the 'receiving and transmitting stations' as well as the breathing process itself.

Heretofore, as stated above, the subsidiary work has been carried on by chelas in the Retreats not active, but now it is hoped that in the outer world sanctuaries there will be found those students who will submit to the training of thought transference and thus become active partners with the members of the Great White Brotherhood Whose service includes this activity. The timing of the activity as well as the placement of the individual or groups could be determined when We find enough students willing to cooperate with Us in this world-wide benediction of the One God-Flame.

Let Me not forget to emphasize the importance of directing the soul hither (to the active Retreat), consciously before entering sleep, for the impetus behind the directed will, like the power driving the engine, carries the consciousness toward its objective like a rocket, whereas those who are drawn hither through the magnetic pull established for this purpose, without the individual's application of self-conscious direction, proceed like a feather in the wind or a lazily drifting cloud in the sky and reach only the periphery of the active benediction.

The transmission of the Flame is accomplished through the breath. The awakened student is taught the value of deep and rhythmic breath and it is through the conscious participation in thought, feeling and rhythmic breath that this cosmic blending of Ascended and unascended consciousness takes place.

The opening of each Retreat is attended with great pomp and ceremony at Inner Levels. For days before the great celebration, the Brothers connected with the Retreat draw forth all the beauty and artistic development that Their Ascended Master Consciousness has at Its command and it is always a surprise and a delight to even the Masters to see the exquisite decorations that these Blessed Ones draw forth from Life and yet there are never any two alike.

Beloved chelas:

November 1952

I am eager to establish centers in those cities where good heart calls can be found. They will form the nucleus for the Transmitting Centers which the Maha Chohan desires to perfect for conducting the radiation of the Retreats throughout the world. They will also be foci into which We may draw individuals who are pointed out to Us by the Silent Watchers of various localities as ready for the more than ordinary assistance of The Brotherhood in expanding their light. We are primarily interested in expanding the light within the souls of men at this time so that We may present to the Karmic Board sufficient manifestation of the efficacy of Our Plan and thereby secure additional dispensations at the January Council.

SAINT GERMAIN



September 3, 1953.

Beloved Spirits of God Incarnate!

I greet you in the Name of the Voluntary Dedication of qualified life which makes of you an Honorary Member of The White Brotherhood - whose purpose and Service to the evolutionary scheme is to teach mankind how to create and sustain perfection.

When it has been said "there is no outer order of This Brotherhood" the truth which was meant to be conveyed in such a statement is that "there is no way to become a Member except by the voluntary dedication of a portion of the individual life to impersonal service whereby life, as a whole, might be blessed, purified, raised, transmuted and freed from shadows, limitation and distress of every kind."

It is one thing for an individual to signify an interest in spiritual knowledge because the pressure of personal discomforts prods the intelligence inherent within life to find a way and means of alleviating such unpleasant manifestations... and such a desire is worthy of commendation...but when the intelligence voluntarily offers to apportion its daily gift of life to help the evolution of the entire scheme, such an one is accepted by The Brotherhood and becomes part of the living, breathing body of this Celestial Guardian Presence!

Your breath is qualified life...drawn into your body, clothed in the substance of your consciousness...and breathed forth again to contribute to the heritage of the race - for good or evil - according to the state of that consciousness from time to time. In the course of a natural day, the lifestream who is yet not Master of his energy, qualifies the breath according to the mood of the moment, and in periods of prayer, meditation, contemplation and decreeing, offers that qualified life on the constructive side of life...and in periods of individual confusions and the struggles against the shadows of the appearance world, offers that mis-qualified life to the sustaining of the astral realms creations of imperfection.

When the idea of asking for the qualified breath of the chelas to be contributed to forming a bridge of energy through which the Flame of the Retreats might be passed was conceived, We were fully cognizant of the opportunity afforded each such one of receiving back into the personal heritage of the lifestream the good karma for such proffered service. As you apply to the universal for breath - you are given a grant of pure life which enters through your nostrils the qualifying consciousness of your bodies. As you hold that breath within your physical body, your inner bodies pour the color of their consciousness into that breath, and as you exhale, the qualified breath becomes a bridge of actual energy which connects with the point of consciousness toward which you direct it. Over this bridge, the subtle energies of the Qualified Flame of the Retreat flows, stepped down in vibratory action to a point where it can be felt and absorbed by the inner bodies of all mankind. I cannot emphasize too much the importance that lies within your qualification of this breath, and that is why it is wise to contemplate the color and activity of the Flame and the specific service of the Retreat so that you, in turn, qualify your breath with the same activity, and your own mental picture of the Flame in the Retreat activates that Flame through your Sanctuary, Home and local environment.

This month, for the first time, the beautiful Retreat and Sanctuary of the Liberty Flame in the Heart of France is brought before the conscious minds of the chelas. This Flame is the original pattern from whence the lovely Fleur de Leis of France has been designed. Like the focus at Shamballa, it is triple in its outpouring, and concentrates the colors of pink and gold and blue in a beautiful

Lord Maha Chohan

September 3, 1953.

and harmonious aura of multi-colored radiance, seen often in a beautiful sunrise on a clear day. The author of the Marseilles incorporated the keynote of This Flame into this stirring melody, and the pulsation of the Liberty Flame is a tremendous stimulus to the heart flame within the souls of men.

I Am sure you will feel the physical expansion of your own heart flame as the Cosmic Liberty Flame is activated and suggest that you accept deeply the God Liberation of the natural powers of your own being as that Flame circles the planet round, finding a new impetus to its journey through the hearts of those who are gathered together in honor of Its Presence this night! \*\*

Blessings - children - and love!

MAHA CHOCHAN

\*\* (Sept. 19, 1953)

October 1, 1953.

Beloved Friends:

I greet you, again, in the Name of Life and Breath and the Opportunity afforded each one in the use of both! How little the individual thinks of the opportunity that lies within the use of life, and yet I have seen so many souls - after the change called death - filled with such a deep remorse and desire for just "one day of life to make things right". Oh, ponder - precious Hearts - the opportunity each new day brings when you are allowed, again, the precious flowing essence of life to weave into your experience and that of those you love all the happiness and harmony of Heaven and to "make things right" and keep them so while yet you each one have the time to do so.

We enter this month the Cosmic Temple of Truth! It is a month of contemplation of the use of your energies in this embodiment, when the varnish and veneer of subtle appearances should be removed and the motives of the heart that sent into action qualified life examined honestly and sincerely. And here again, We must have no unbalance of condemnation and judgment of self - but the deep realization that through the use of the Sacred Fire of Mercy and Compassion we have yet the opportunity to redeem energy, balance karma and give peace and happiness to life. Most people do not relish an audience with Truth! I who love Her well say to you, that She is one of the Sweetest Friends of Man, for if you do not know the truth, how can you be set free?

Enter into the Temple of Truth and throw off the veils of subterfuge and deceptions, subtle and apparent, and accept the love of the Great Chohan of the Fifth Ray, Hilarion, and My Beloved Goddess of Truth and enjoy the Revealing Power of That Sacred Fire that enables you to comprehend the nature of your own life, and then to learn how to consciously qualify that life to create and sustain perfection in action for you!

LOVE AND BLESSINGS

MAHA CHOHAN



October, 1952

Beloved Friends:

In the Holy Name of The Cosmic Comforting Presence of Life, I greet you to-night! "I AM" nearer to you than you yet know through the activity of the outer mind, for it is one of the services of the Holy Spirit to provide the spiritual impetus which causes every newly born infant to draw in the first breath. Therefore, I was present at the birth of each of you within this room and - at the close of this embodiment - I shall also stand by your side as you return the final breath to the universal and leave the physical form to enjoy the Immortal Garments of Your Electronic Body of Blazing Light.

Therefore, you will see how your use of breath is closely connected with the gifts of the Holy Spirit, and that as you come to use that breath to bless life, you will find released from the essence of the ethers a certain substance which is both energizing and uplifting and which - for the most part - is not assimilated by the bodies of mankind.

The use to which mankind puts the breath of life, not only in one embodiment but through century after century, has done so much to cause the limitations in the physical garments they wear, as well as the density of the etheric envelope, for breath is Holy Spiritual Life Force which is given into the keeping of every man in order to expand the glory of God and the Will of His Divine Plan.

"I AM", therefore, deeply appreciative of the fact that you have voluntarily chosen to contribute some of the breath of your own lifestreams to form the spiritual Bridges over which the blessings and currents of The Retreats of the Beloved Brothers may flow into the vicinities in which your Higher Mental Bodies have chosen that you presently abide. Where any lifestream can CONSCIOUSLY tune into the Specific Outpouring of The Retreat which is currently active in the Pattern for the Twelve Month. We are grateful to have an Outpost of the Brotherhood whereby the Sphere of Influence of the Retreat is actually re-created to pour out its vitalizing, uplifting, purifying rays. The currents flow from the Retreat on the outgoing breath of the Masters and are drawn by the inbreath of the students and then expanded thru the auras of the students into the atmosphere. It is beautiful to see the Great Masters gathered together around the Flame in the Heart of the Retreat, increasing that Cosmic Flame by Their Love and Adoration. At a given moment, They all inbreath the Flame and hold it within the Powerful Center of Their Individual Heart Flame, and then as One, breathe it forth, directing it toward the Chelas gathered as you are here to-night eager to receive it.

The Flame from the Heart of Suva has a golden center but the periphery of Its Sphere of Influence is electric blue. I shall join the Masters at Suva in sending that Current across the vast expanse of the Pacific Ocean. Saint Germain and the Brotherhood at Shasta have agreed to accept it and redirect it across the continental United States to you here and to the group in Philadelphia, and Lord Maitreya with twelve of his pupils will stand in This Sanctuary to help you to receive it, and then send it forth throughout the Western Hemisphere and eastward across the Atlantic. In Europe, Saint Germain's Chelas in Transylvania will pick up the current and send it onward to Luxor, which will re-direct it again to my Retreat at Ceylon and from Ceylon, Morya and Kuthumi will bathe Asia in Its gifts and return the current to Suva. This is our first "around the world" transmission; The Brothers taking the parts that we hope will soon be assumed by others belonging yet to the unascended mankind.

Blessings and Love

MAHA CHOCHAN



Copy of monthly transmission letter  
to  
Group Directors

October 1, 1953.

Beloved Shining Hearts of the Eternal Flame of Truth:

God bless you! Beloved Hilarion wrap and seal you now and for all Eternity in His Flame of Eternal Truth and make you the full expression of Its Almighty Perfection, drawing like a mighty magnet that same Flame of Truth from the heart of everyone and everything you contact, everywhere you go, today and forever. Consciously accept this DONE NOW - with FULL POWER!

Again we have the tremendous opportunity to bathe our consciousness in the WHITE LIGHT OF ETERNAL TRUTH from Beloved Hilarion's Retreat - the color of the Flame - white within, surrounded by bright green. The keynote of this Retreat is our old favorite and familiar "Onward Christian Soldiers"

After reading the enclosed letter from the Beloved Maha Chohan, I feel sure every one of us will want to do exactly what He asks of us - set to work deliberately and with no uncertainty to purify and perfect our worlds - resolutely consuming all destructive etheric records and all habits of thought and feeling that are not the fulfillment of the Divine Plan or that will not produce it and trying, to the fullest possible extent, to see the Divinity of Life within the Heart of each other, instead of disliking and resisting the personalities of our separate selves.

I earnestly PLEAD with each one individually and all collectively in this respect - no matter how difficult it seems - can we not JUST ONE NIGHT A MONTH, forget the likes and dislikes of the outer self, and regardless of any and all inconveniences, gather together with those in our vicinity who love the Light as much as we, and who are lending their energies thru the realease of their breath, to this World Movement which is endeavoring to bring PEACE to all life on this planet forever! Think it over! It will be worth every effort you make - both from within and without your own being and will make SO MUCH possible for the Great Ones at this time. The time is short for accomplishment! The harvest is great - the laborers few, as is usually the case - then let the FEW OF US throw everything to the winds that is not the LOVE AND JOY OF GOD and give the Masters a WIDE OPEN DOOR through which They may come in Person and, in that closer association set us all free much more quickly. This cannot come as long as we refuse to love all life as They do.

"Truth is Perfection" said Beloved Pallas Athena and we ask Her RIGHT NOW to sweep thru all our beings and worlds Her Heart Flame of Eternal Truth and replace all else less than Its Victory forever!

Lovingly, Joyously, Victoriously in the Light -

"I AM"

Frances Ekey